



THE UMBRELLA PROJECT

Parent Night with Dr. Jen Forristal

Umbrella Parenting: Empower your child to take on life and develop the positive coping skills they will need for health, happiness and future success.

Wednesday, January 30th, 2019

St. Teresa School-Kitchener

6:00 - 7:30 p.m.

"Success is an open umbrella"

Light refreshments will be provided!

Cathy McDonald-Reis-Social Worker, along with Katie McArthur-Carizon Family and Community Services, and Shirley Redekop-Outreach Worker will also discuss their roles and the wonderful supports they can(and do) provide to our awesome families in our school/area!

Parents, please come to this presentation! Bring a friend, a neighbour, other relatives!! There is always room for one more! St.Teresa Parishioners are most welcome too! Umbrella skills are for life!



Please RSVP by calling the school (519)743-2131 and indicating number of adults that will be attending!

