

8th Sunday in Ordinary Time

In Today's gospel Jesus takes aim at giving good counsel, to lead a good life in God: "Can a blind person guide a blind person? Will both not fall into a pit? No disciple is superior to the teacher; but when fully trained, every disciple will be like his teacher." Later on Jesus gives a short test of humility to everyone, asking him to correct first himself, to be able later to criticize the others; or to look at the goodness of someone's heart, by his good acts, as we can recognize a good tree by its good fruits. Because "a good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." This is good advice for our good life, which leads us to God, and which gives us our divine teacher Jesus Christ.

St. Teresa of Avila

"Our souls may lose their peace and even disturb other people's, if we are always criticizing trivial actions ..."

How the Lenten Season Is Observed

The Lenten season is a time when many Christians observe a period of fasting, repentance, moderation, self-denial and spiritual discipline. The purpose is to set aside time for reflection on Jesus Christ—his suffering and his sacrifice, his life, death, burial, and resurrection.

The Significance of 40 Days

The significance of the 40-day period of Lent (Technically 46, as Sundays are not included in the count) is based on two episodes of spiritual testing in the Bible: the 40 years of wilderness wanderings by the Israelites after the exodus from Egypt (Numbers 33:38 and Deuteronomy 1:3) and the Temptation of Jesus after he spent 40 days fasting in the wilderness (Mt 4:1-11; Mk 1:12-13; Luke 4:1-13).

The Distribution of Ashes

During Mass, the ashes which give Ash Wednesday its name are distributed. The ashes are made by burning the blessed palms that were distributed the previous year on Palm Sunday. After the priest blesses the ashes the faithful come forward to receive them. The priest dips his right thumb in the ashes and, making the Sign of the Cross on each person's forehead, says, "Remember that you are dust, and to dust you shall return."

Ash Wednsaday

The Church emphasizes the penitential nature of Ash Wednesday by calling us to fast and abstain from meat. **Catholics who are over the age of 18 and under the age of 60 are required to fast, which means that they can eat only one complete meal and two smaller ones during the day, with no food in between.** Catholics who are over the age of 14 are required to refrain from eating any meat on Ash Wednesday.

Vocations

Is the Lord calling you to work in His vineyard? Please contact Fr. Michael King, Vocation Director, Diocese of Hamilton 905-528-7988 email vocations@hamiltondiocese.com

Stations of the Cross at St. Teresa Parish

Parish organizations are invited to partake in the Friday night Stations of the Cross during Lent. We will start with the Prayer Group on Friday, March 8th. Please call the office and let us know when your group is able to join in this special evening.

Save-the-Date - St. Teresa Parish Lenten Retreat will take place from **Sunday, March 31st – Wednesday, April 3rd**. Mass during the weekday will be celebrated at 7 pm and our retreat master is Father David Perrin from St. Jerome's University.

Nocturnal Adoration is held every first Saturday of the month from 9 - 10 p.m. here at St. Teresa Parish. Please join us and spread the word.

 **Prayer Network:**

For those not on the internet there is an envelope on the bulletin board at the main entrance marked 'PRAYER NETWORK'. Please take a copy of the prayer intentions inside this envelope and pray for fellow parishioners.

Mass Intentions – On Mother's Day, **May 12th** and Father's Day, **June 16th**, we will accept multiple mass intentions. Call the office if you would like to make a request at 519-743-4525.

Offertory Procession

Communion candidates will bring the offertory gifts to the altar on the following Sunday:
March 3rd - 10 a.m. Inara Walker & Family

Preparing for 1st Holy Communion - meeting with parents of First Communion children on **Thursday, March 7th** at 7:00 pm in our parish hall. Catechetical Session 3: "Discovering the Gift of the Eucharist".

Children's Liturgy

We would like to start a Children's Liturgy class for children during Sunday's 10 a.m. Mass. If you are interested in being a volunteer, please call the office.

Prayer Vigil - Thursday, March 7th from 9:00 am to 10:00 am in front of Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice. Parking at Schneider Park. **NOTE:** if Barricades blocking the Schneider Park parking lot, Vigil will be cancelled.

Mass Intentions

March 4 – 10, 2019

Tuesday, March 5: 7:00 p.m.
Rokicki Family

Wednesday, March 6: 11 a.m.
Ash Wednesday - School Mass

Wednesday, March 6: 7 p.m.
Rokicki Family

Thursday, March 7: 8:30 a.m.
Rokicki Family

Friday, March 8: 8:30 a.m.
Rokicki Family

Saturday, March 9: 9:00 a.m.
Rokicki Family

Saturday, March 9: 5:00 p.m.
+Ludwig Ceh –Theresa Ceh & Family

Sunday, March 10: 10:00 a.m.
Mass for Members of St. Teresa Parish

Diocese of Hamilton Prayer Calendar 2019

Monday, March 4 – Rev. Ernest Varosi
Tuesday, March 5 – Rev. Jim Donohue
Wednesday, March 6 – Ash Wednesday
Thursday, March 7 – Very Rev. Murray McDermott
Friday, March 8 – Rev. Sam Restivo
Saturday, March 9 – Rev. Rafal Tomon
Sunday, March 10 – First Sunday of Lent

Stewardship Report

February 17, 2019	
Envelopes.....	\$1,704.00
Loose.....	149.50
Building and Maintenance.....	28.00
Seminary Education.....	20.00

Guest Speaker at Catholic Women's League Meeting - Tuesday, March 12th after the 7:00 pm Mass. We will have guest speakers from Canadian Food for Children at 8:30 pm. Linda Lou and John Pinnington work out of the site on Guelph St. just a few short blocks from St. Teresa's Church. Come and find out what wonderful things are happening in our own neighbourhood. Mark your calendar for March 12 at 8:30 in our Parish Centre.

St. Teresa Pasta Dinner planning meeting on Tuesday March 5th following mass. Mark your calendar for Pasta Dinner on Sunday March 31st.

Parish Bible Study: Gospel of Luke

This study promises to enrich your knowledge led by Father Brian Quigley. All sessions will be at St. Anne's Church Hall, Wednesday evenings at 7:00 pm beginning **March 13 - April 17.**

Stress in Your Marriage? There is help! Retrouvaille is a program for married couples that feel bored, frustrated or angry in their marriage. This program has helped countless couples experiencing marital difficulty. For confidential information about or to register for the program beginning with a weekend on **Friday, March 15th**, call 905-664-5212 or email hamiltonretrouvaille1@cogeco.ca or visit the website at www.retrouvaille.org. Healthy Relationships Share Common Skills – Come and Learn More!



Hiring

We are currently accepting applications for the following opportunity: **Occasional Teachers.** Please visit our website for job details and application criteria: www.wcdsb.ca

Shrove Tuesday at Waterloo K of C

Pancake and Sausage Dinner on **March 5th** at 145 Dearborn Place, Waterloo from 5 – 7 pm. Adults, \$10.00, Children 8 and under \$5.00. Family \$25.00 (parents and their children). Reservations required, call 519-884-2060.

Lenten Preparation – St. John's Bible Reflection

Join St. Michael's CWL, **Tuesday, March 12th**, 6:30 pm for Rosary and/or 7:00 pm Mass, 7:30-9:00 pm in the Parish Centre, 80 University Avenue West, Waterloo. Join us for a reflection on Our Life in Community through the lens of the illumination of the Saint John's Bible. Dr. Anne Jamieson, Director of Catechesis for the Diocese of Hamilton will lead us in this retreat steeped in the Word of God.

Annual St. Patrick's Day Card Party

St. Agatha CWL is once again hosting the St. Patrick's Day Card Party. Come join us for an afternoon of fun and enjoy a hot, delicious, Homemade Irish Stew Dinner. Bring your cards, games, friends and green attire and get a table of good times on **Sunday March 10th**, St. Agatha R.C. Church Hall, 1839 Notre Dame Dr., St. Agatha, Ontario. Doors open at 1:00 pm - \$10 admission at the door.



Euchre Results

High Score - Lucy Hart +Bill Zister
Most Lone Hands - Bernard Brohman
Low Score - Helen Bryce-Hoy
1st Draw - Stella Lemieux/2nd Draw - Mary Alice Zister
Next game night will be **Friday, March 8th.**



Bingo

Matinee at 1:00 – 3:00 p.m. on **Saturday, March 16th** at the Charities Bingo Hall, 510 Krug Street, Kitchener.