

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate

44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525

E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

Solemnity of the Most Holy Trinity

June 7, 2020

St. Teresa of Avila

“To have courage for whatever comes in life - everything lies in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Facilities Manager: Jim Weber

Volunteer Gardeners:

Baptism Preparation Team:

CWL President:

Lector Co-ordinator: Mary Alice Zister

Eucharistic Minister Co-ordinator:

Kim Voelzing

Prayer Group:

Mila Navaleza - 519-579-8276

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett

519-749-1501

Parish Office Hours

Monday - Friday

9:00 a.m. – 12:00 p.m.

1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m.

5:00 p.m.

Weekday Schedule

Please check inside for weekly schedule

Sunday Liturgy:

10:00 a.m.

Confession: 30 min. before Mass; Sat., 4:15 – 4:45p.m.

Healing Mass: First Friday of each month – 7:00 p.m.

Prayer Meeting: 2nd, 3rd & 4th Friday – 7:00 p.m.

St. Teresa School

Principal: Mr. Brian Goodyear

Secretary: Mary Lavigne

519-743-2131

Solemnity of the Most Holy Trinity

This week we returned to the liturgical season of Ordinary Time. This Sunday and next, however, are designated as solemnities—special days that call our attention to central mysteries of our faith. Today, on Trinity Sunday we celebrate the mystery of the Holy Trinity, one God in three persons. In the context of today's focus on the mystery of the Holy Trinity, the reading calls our attention to the action of God, who reveals Himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent His Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; He does not condemn the world but acts to save it: "Jesus said to Nicodemus: **“God so loved the world that He gave His only-begotten Son, so that everyone who believes in Him may not perish but may have eternal life.”**" J 3, 16

Today's Gospel is from the beginning of John's Gospel. The passage we read follows Jesus' conversation with a Pharisee, Nicodemus, about what it means to be born of both water and the spirit. Nicodemus approaches Jesus at night and acknowledges Jesus as a teacher from God. Jesus tells him that only those who are born from above will see the Kingdom of God. Nicodemus misunderstands and questions how a person can be born more than once. Jesus tells Nicodemus that no one can enter the Kingdom of God without being born of water and Spirit. Jesus is essentially explaining Baptism, which we celebrate as a sacrament today. Yet Nicodemus, we are told, still does not understand what Jesus is saying. Jesus continues by testifying to the need to be born from above so that one might have eternal life.

Holy Trinity

The Bible clearly speaks of: God the Son, God the Father, and God the Holy Spirit, but emphasizes that there is only ONE God. If we were to use math, it would not be, $1+1+1=3$. It would be $1 \times 1 \times 1 = 1$. God is a triune God. Thus, the term: "Tri" meaning three, and "Unity" meaning one, **Tri+Unity = Trinity**. It is a way of acknowledging what the Bible reveals to us about God, that God is yet three "Persons" who have the same essence of deity.

Family Connection

Pray together, thanking God for His gift of love. Then read together today's Gospel, John 3:16-18. Conclude by praying the Glory Be to the Father and to the Son and to the Holy Spirit...

A Christian Short Film (only 4 min.): <http://FallingPlates.com>

Please forgive my sins. Take all of them, help me to give them to You. I can't pay the debt. I know You can. I ask for Your Holy Spirit to make a home within me. Please, talk to me -- let me know You personally. Please bring me back to life. Amen.

If you liked the video or found it useful, please share it with others.

Office Closure

Due to the Ontario government's further extension, to their emergency orders, the Parish Office will remain closed until **June 30, 2020**.

You can continue to reach us at st.teresa@stteresakit.ca or 519-743-4525.

Diocese of Hamilton Prayer Calendar 2020

June 8 – Rev. Jiri Macenauer

June 9 – Rev. Aurimas Rudinskas

June 10 – School Sisters of Notre Dame (S.S.N.D.)

June 11 – Rev. Wallace Metcalf

June 12 – Rev. Msgr. Theodore Slaman

June 13 – Rev. Bradley Markus

June 14 – Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

Vocations – The Most Holy Trinity June 7, 2020

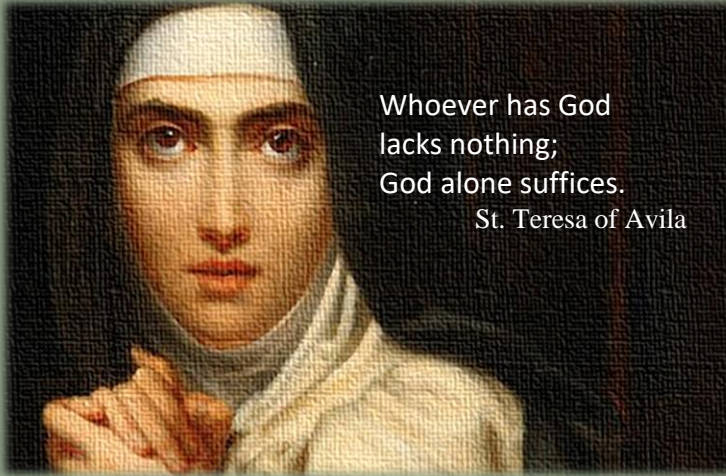
“God so loved the world that he gave his only-begotten Son...” How can you best serve God in a response to that love? If God is calling you to the priesthood, contact Fr. Michael King, Vocation Director, Diocese of Hamilton at 905-528-7988.

vocations@hamiltondiocese.com

www.hamiltondiocese.com

Prayer for Vocations

God, the source of creation and love, You invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights of holiness through service to the Church as priests, sisters, brothers and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen.



Whoever has God
lacks nothing;
God alone suffices.
St. Teresa of Avila

Mass Intentions – For Father’s Day, **June 21st**, we will accept multiple Mass intentions. Call the office if you would like to make a request at 519-743-4525.

Mass Intentions for June 8 – June 14, 2020

- Tuesday, June 9 – 7 p.m. –
- Wednesday, June 10 – 7 p.m. –
- Thursday, June 11 – 7 p.m. –
- Friday, June 12 – 7 p.m. –
- Saturday, June 13 – 9 a.m. –
7 p.m. – +Edward Gromek – *Grace & Roman Gajkowski*
- Sunday, June 14 – 10 a.m. – Solemnity of the Most Holy
Body and Blood of Christ – Parishioners of St. Teresa Parish

Mass Intentions for June 8 - June 14, 2020 will be celebrated by Father Gil each day, **privately**. The **Masses** will be **live-streamed**, Tuesday to Friday at 7 p.m., Saturday at 9:00 a.m., Saturday Vigil in anticipation of Sunday at 7 p.m., and on Sunday at 10:00 a.m., on Zoom. Please join Father by clicking on the following link:

<https://zoom.us/j/5887658626>

Password: 274733

The Divine Mercy Chaplet is also **live-streamed**, Tuesday to Friday at 3 p.m., on the same link.

Stewardship Report – June 3, 2020

Envelopes	\$ 3813.62
Building & Maintenance	\$ 45.00
Insurance Offering	\$ 75.00
Pope’s Pastoral Works	\$ 20.00
Cedar Sponsorship	\$ 70.00
Diocese On-Line Giving Donations	\$ 350.00
Funeral – Norah Arthur	\$ 150.00

Stewardship Report

As we know, this COVID-19 pandemic, has not allowed us to congregate, as a community, on Sunday. Although, we are not together, our regular expenses continue. If we were gathered together, the weekly contributions of our parishioners would normally be used to cover these expenses, and so at this time, I would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. **As you pay your bills, please also insert a donation to St. Teresa Parish.** Thank you to those who continue to remember the parish through financial donations - We appreciate your continued support!

We would, at this time, appeal to those who have not yet had a chance to contribute/support us, during this time. For your convenience, please find below a list of options to make a donation:

To support our parish via **credit card**, please visit the special **Parish Offertory Fund: COVID-19** page at the Diocese of Hamilton:

[COVID-19 Parish Fund - Diocese of Hamilton](#)

Once you are on the Parish Offertory Fund: COVID-19 page, there are 4 sections on the form to complete. They are as follows:

- DONATION DETAILS
- DONOR & TAX RECEIPT INFORMATION
- PAYMENT INFORMATION
- IF YOU HAVE A MESSAGE FOR YOUR PARISH, PLEASE SHARE IT HERE:

To ensure the funds get directed to our parish, it is imperative that you select **St. Teresa of Avila Parish, Kitchener** in the drop box in the **FUND** box of the Donation Details section.

Once you have completed the form, click on **COMPLETE DONATION NOW**. This method of giving will provide you with an **electronic tax receipt** immediately upon making your gift.

If you choose the above option, it would be greatly appreciated if you could email the parish office at st.teresa@stteresakit.ca to advise us of your donation.

You may also **send a gift directly** to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door.

Please be sure to include your name, address and phone number or use your donation envelope.

Continuing support of our parish is an act of generosity and faith. We are very grateful for any contributions you may be able to make at this time.



Baby Bottle Campaign

The spring Baby Bottle Campaign serves as the foundation from which Marillac Place relies on to operate.

With the help of over 30 churches and organizations, Marillac Place was able to raise almost **\$70,000** in 2019 and have the goal of raising over \$85,000 in 2020.

Last year, **St. Teresa Parish**, raised almost **\$600** for Marillac!

This year, because of the pandemic, and due to an urgent need for support, the Baby Bottle Campaign, which launched on Mother's Day, will be a virtual campaign.

Any amount of support you can provide will make a difference in the lives of the vulnerable young mothers and families we serve.

No one should face motherhood alone. Make a difference today and donate now.

Donate on-line: www.marillacplace.ca/donate/ or send cheques directly to 109 Young Street, Kitchener, ON, N2H 4Z2

St. Vincent de Paul – Hampers – If you are in need of food assistance or know of someone in need, please contact the Food Bank at 519-743-5576 or the House of Friendship Food Distribution Centre at 807 Guelph St., in Kitchener, 519-742-0662.

Waterloo Knights of Columbus Fish Fry – Available every Friday. **Pick up only:** From 4:30 to 6:30 p.m., 145 Dearborn Place, Waterloo. Please call Derek, at 226-748-8378, to order. 1 P.C. - \$14.00; 2 P.C. - \$16.00 Best in Town



The Sisters of the Carmel of Saint Joseph
will pray for you during the
Novena to Our Lady of Mount Carmel,
July 8th to July 16th, 2020

Are you troubled? Do you need spiritual support?
You can participate in the Novena to Our Lady of Mount Carmel.

Send your prayer intention slip with your name and address to
Carmel of Saint Joseph

1127 Carmel-Koch Road, R.R. #1

St. Agatha, ON N0B 2L0

For more information check the website for the Carmelite Nuns:

www.thecarmel.ca

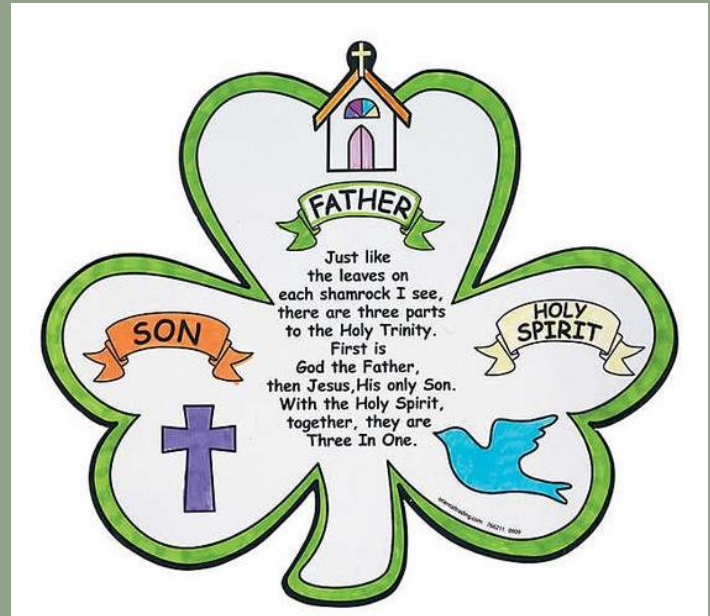
Can you explain the Trinity?

You and I live in a three-dimensional world. All physical objects have a certain height, width, and depth. One person can look like someone else, or behave like someone else, or even sound like someone else. But a person cannot actually be the same as another person. They are distinct individuals.

God, however, lives without the limitations of a three-dimensional universe. He is spirit. And He is infinitely more complex than we are. That is why Jesus, the Son can be different from the Father. And, yet the same.

The Bible clearly speaks of: God the Son, God the Father, and God the Holy Spirit, but emphasizes that there is only ONE God. If we were to use math, it would not be, $1+1+1=3$. It would be $1 \times 1 \times 1 = 1$. God is a triune God.

Thus, the term: "Tri" meaning three, and "Unity" meaning one, Tri+Unity = Trinity. It is a way of



acknowledging what the Bible reveals to us about God, that God is yet three "Persons" who have the same essence of deity.

Some have tried to give human illustrations for the Trinity, such as H₂O being water, ice and steam (all different forms, but all are H₂O). Another illustration would be the sun. From it we receive light, heat and radiation. Three distinct aspects, but only one sun.

No illustration is going to be perfect.

But from the very beginning we see God as a Trinity. In the book of Genesis, the first book in the Bible, God says, "Let us make man in our image...male and female He created them."¹ You see here a mixture of plural and singular pronouns.

When Moses asked God for His name, God replied, "I am" - eternally existing.

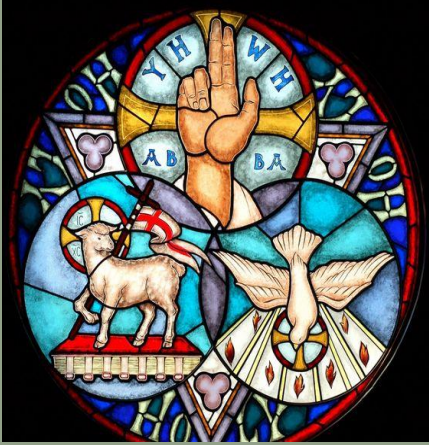
Jesus used the same phrase numerous times.

"I am the light of the world..."

"I am the bread of life..."

"I am the way, the truth and the life. No one comes to the Father except through Me."

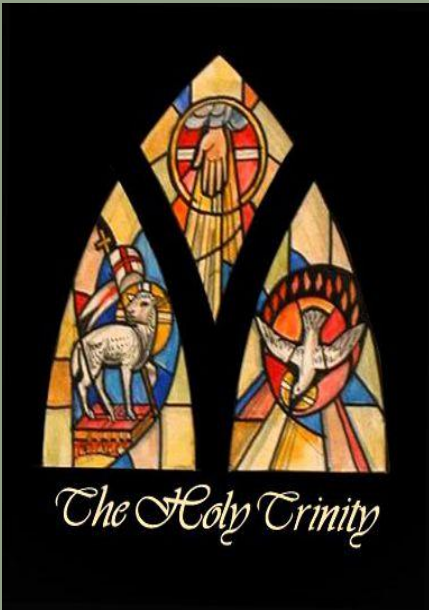
Abraham is someone mentioned in Genesis, thousands of years before Jesus came to earth. Yet, Jesus said of Himself, "Before Abraham was born, I am." The Jews understood fully what Jesus was saying because they picked up stones to kill Him for "blasphemy" - claiming to be God.² Jesus has always existed. This came up time and time again. Jesus was so clear about His unique relationship with the Father. This is why, "the Jewish leaders tried all the harder



to find a way to kill Him. For He not only broke the Sabbath, He called God His Father, thereby making Himself equal with God.” 3

For all of eternity, the Father, Son and Holy Spirit have always been in relationship and communication with each other, yet not as three gods...as one God.

“All three Persons in the Trinity have relational names. The First Person in the Trinity is called Father. You cannot be called The Father unless you have a child. And the same goes for the Second Person in the Trinity. You cannot be called The Son unless you have a Father. The Third Person in the Trinity is called both The Spirit of The Father (Matt 10:20) and the Spirit of The Son (Gal 4:4-6).”4



If Jesus is God, who was He praying to?

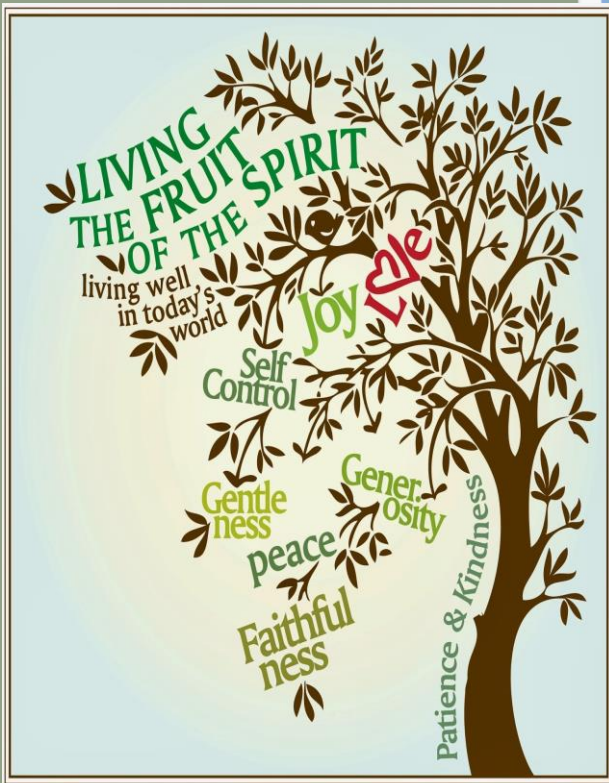
On earth, Jesus continued to talk to the Father, and the Father and Spirit continued to communicate with Him.

Though not a complete list, here is some other Scripture that shows God is one, in Trinity:

- "Hear, O Israel! The LORD is our God, the LORD is one!" 5
- "I am the LORD, and there is no other; Besides Me there is no God." 6
- There is no God but one.7
- And after being baptized, Jesus went up immediately from the water; and behold, the heavens were opened, and He saw the Spirit of God descending as a dove, and coming upon Him, and behold, a voice out of the heavens, saying, "This is My beloved Son, in whom I am well-pleased." 8
- "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit." 9
- Jesus said: "I and the Father are one." 10
- "He who has seen Me has seen the Father." 11
- "He who beholds Me beholds the One who sent Me." 12
- If anyone does not have the Spirit of Christ, he does not belong to Him. 13
- "Joseph, son of David, do not be afraid to take Mary as your wife; for that which has been conceived in her is of the Holy Spirit." 14
- And the angel answered and said to her [Mary], "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; and for that reason, the holy offspring shall be called the Son of God." 15
- [Jesus speaking to His disciples] "And I will ask the Father, and He will give you another Helper, that He may be with you forever; the Spirit of truth, whom the world cannot receive, because it does not behold Him or know Him, but you know Him because He abides with you, and will be in you." ... "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him, and make Our abode with him."16

Footnotes: (1) Genesis 1:26,27 (2) John 8:56-59 (3) John 5:16-18 (4) Barry Adams, *The Kingdom Belongs to Little Children*, page 40. (5) Deut. 6:4 (6) Isa. 45:5 (7) 1Cor. 8:4 (8) Matt. 3:16-17 (9) Matt. 28:19 (10) John 10:30 (11) John 14:9 (12) John 12:45 (13) Rom. 8:9 (14) Matt. 1:20 (15) Luke 1:35 (16) John 14:16-17,23

Sponsor A Cedar



As part of our preparations for Pentecost Sunday, 9 cedars were planted along the church, to symbolize the 9 Fruits of the Holy Spirit. As mentioned in last week's bulletin, we will post a sign/plaque, in the near future, with a passage from scripture and the

names of those who have sponsored the tree(s). The hope is to create an inspirational and educational path through the Fruits and Gifts of the Holy Spirit.

We have received some sponsorships, and are very grateful. There are still trees available to be sponsored. If you are interested, please take advantage of this wonderful opportunity to sponsor an evergreen (6 ft. cedar tree). The cost is \$35, each.

Even though we continue to remain isolated, the Holy Spirit is able to renew our faith and relationship with Jesus - to make our life more meaningful and filled with a tremendous joy and new life. May these evergreens continue to remind us, that we are sent to the world to make a difference and bring new life.

Hail, Queen of Heaven!

Thank you to all our children, who responded to our request to honour Our Blessed Mother, through a pictorial Crowning of the Blessed Virgin Mary, at the end of May.

We were pleased to receive your submissions, and as you can see, we have some "Artists" among us, who have taken some time to send their love to Our Lady, through their Masterpieces. We appreciate that you took part in this parish activity and as a token of our appreciation, we have a special gift, from the Parish, for all the children who participated. You will be able to pick this up, when the office is open again – so continue to read the bulletin!



From the left: Barbara, Kathryn, Ella, Mary Daly; centre: Brandon and Alex Fedy; right column: top - Marlowe Navaleza, Mikayla Onn.