

# St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate  
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525  
E-mail: [st.teresa@stteresakit.ca](mailto:st.teresa@stteresakit.ca) [www.stteresakit.ca](http://www.stteresakit.ca)

Eighteenth Sunday in Ordinary Time

August 2, 2020

## St. Teresa of Avila

“To have courage for whatever comes in life - everything lies in that.”



## Parish Staff & Organizations

**Pastor:** Fr. Marian Gil, OMI  
**Parish Secretary:** Mary Steffler  
**Business Administrator:** David Agnew  
**Facilities Manager:** Jim Weber

**Volunteer Gardeners:**  
**Baptism Preparation Team:**  
**CWL President:** Mary Alice Zister  
**Lector Co-ordinator:** Mary Alice Zister  
**Eucharistic Minister Co-ordinator:**

Kim Voelzing  
**Prayer Group:**  
Mila Navaleza - 519-579-8276

**Finance Council Chair:**  
Don Pickett, Jr.

**Pastoral Council Chair:**  
Barbara Daly

**St. Vincent de Paul:**  
Bernie & Rosemary Pickett  
519-749-1501

**Parish Office Hours**  
Monday - Friday  
9:00 a.m. – 12:00 p.m.  
1:00 p.m. – 3:00 p.m.

**Wednesday – Office Closed**

**Saturday Liturgy:**

9:00 a.m.  
5:00 p.m.

**Weekday Schedule**  
Please check inside for weekly schedule

**Sunday Liturgy:**

10:00 a.m.

**Confession:** 30 min. before Mass; Sat., 4:15 – 4:45 p.m.

**St. Teresa School**  
Principal: Mr. Brian Goodyear  
Secretary: Mary Lavigne  
519-743-2131

**Healing Mass:** First Friday of each month – 7:00 p.m.  
**Prayer Meeting:** 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Friday – 7:00 p.m.

## 18<sup>th</sup> Sunday in Ordinary Time

“Jesus took the loaves – we read in today’s Gospel - and raised His eyes to heaven, pronounced the blessing and handed them to the disciples to distribute to the people” (Mt 14: 19). These words are familiar to us. They are those of the Eucharist. The evangelist takes them to make the Christians of his communities understand that, after having assimilated the bread of the Gospel which is given to them through the preaching of the apostles, they must also approach the Eucharistic banquet to be filled. Five thousand men are fed. It is the number that symbolizes Israel. Twelve indicates the new community, constituted by the twelve apostles around Christ. Through His disciples - to whom He delivered His bread - Jesus Himself is the one who continues to feed the people of all times and places.

**READ:** The crowds continue to follow Jesus as He heals and teaches them. Here He feeds them, prefiguring the feeding in the Eucharist.

**REFLECT:** People need to be fed with truth as well as with bread. What was the miracle: the multiplication of some loaves or fishes or the following of the teachings of Jesus by sharing with others? Can the Eucharist exist outside the celebration of Mass?

**PRAY:** When praying at the Eucharist, the believer makes a commitment to live the Eucharist outside of Mass. Praying with the priest and the community finds completion in living out of the teaching of Jesus.

**ACT:** Pay attention to the eucharistic moments with family and friends outside of Mass.

## 19<sup>th</sup> Sunday in Ordinary Time

In the Gospel passage (Mt 14:22-33), the disciples, nourished with the bread offered by Jesus now receive the order to get moving, to get into the boat to the other side. The second part of the passage (vv. 28-33) contains the dialogue between Jesus and Peter. It starts with the request of the apostle: “**Lord, if it is You, command me to come to You on the water**”. As long as he keeps his eyes fixed on the Master, he is able to go to Him. When his faith diminishes, when he begins to doubt the choice he made, he sinks and is afraid of being overwhelmed, of losing his life.

**READ:** Jesus reaches out to the disciples in trouble, walking up to them on the water. Those in the boat bowed down before Jesus saying, “Truly, You are the Son of God.”

**REFLECT:** Jesus asks Peter, “Why did you doubt?” Jesus challenges the sudden loss of faith, of Peter, in the midst of turbulence. What would God be asking us when we meet Him face- to-face?

**PRAY:** Let us ask God to probe our innermost being and lead us to conversion.

**ACT:** Today is a good day to make a confession of faith regarding who Jesus is for me. I will take some time and proclaim with my whole being that Jesus is my Lord and Savior.

## Diocese of Hamilton Prayer Calendar 2020

August 3 – Rev. Stephen Murrin  
August 4 – Rev. Timothy Higgins  
August 5 – Society of Christ (S.Chr.)  
August 6 – **The Transfiguration of the Lord**  
August 7 – Rev. Brendan McGrath  
August 8 – Rev. Romelito Guillen  
August 9 – Nineteenth Sunday in Ordinary Time

August 10 – Rev. Ronald Voisin  
August 11 – Rev. Duy Van Nguyen  
August 12 – Pallotine Fathers (S.A.C.)  
August 13 – Rev. Vivek Trindade  
August 14 – Very Rev. John Van Hees  
August 15 – Rev. James Petrie  
August 16 – Twentieth Sunday in Ordinary Time

## Vocations

### **Eighteenth Sunday in Ordinary Time August 2, 2020**

“And all ate and were filled.” Are you fulfilled?

### **Nineteenth Sunday in Ordinary Time August 9, 2020**

“Take heart, it is I; do not be afraid.” We can sometimes be afraid of God’s call to priesthood. Get hold of yourselves!

If God is calling you to the priesthood, contact Fr. Michael King, Vocation Director, Diocese of Hamilton at 905-528-7988.

[vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)  
[www.hamiltondiocese.com](http://www.hamiltondiocese.com)

### **Prayer for the Perseverance of Vocations**

O God, You have constituted Your only-begotten Son supreme and eternal Priest for the glory of Your majesty and the salvation of mankind: grant that those whom He has chosen ministers and dispensers of His mysteries may be found faithful in fulfilling the ministry they have received. Amen.



**Mass Intentions for August 4 – August 16, 2020** will be celebrated according our regular schedule.

The **Sunday Mass**, at **10 a.m.** will be **live-streamed** on Zoom. If you are not attending this Mass, and you wish to join Father online, please click on the following link: <https://zoom.us/j/5887658626>

Password: 274733

**Mass Intentions** – There are weekday Mass intentions available for the deceased, sick or any special intention for family and friends. Please call our parish office if you would like to request a Mass.

### **Mass Intentions for August 4 – August 9, 2020**

Tuesday, August 4 – **7 p.m.** – **+Pauline Nolan** – *Mary Alice & Bill Zister*

Wednesday, August 5 – **8:30 a.m.** – **+Hans Forthuber** – *Helene Meier*

Thursday, August 6 – **8:30 a.m.** – **The Transfiguration of the Lord** –  
**+Sonia Miranda** – *Elizabeth Heydel-Quintanilla*

Friday, August 7 – **8:30 a.m.** – **+Barbara Lech** – *Elizabeth Heydel-Quintanilla*

Saturday, August 8 – **9 a.m.** – **+Alfred Novak** – *Helene Meier*

**5 p.m.** – **+Ludwig Ceh** – *Theresa Ceh & Family*

Sunday, August 9 – **10 a.m.** – **19th Sunday** – **Parishioners of St. Teresa Parish**

### **Mass Intentions for August 11 – August 16, 2020**

Tuesday, August 11 – **7 p.m.** – **Living & Deceased of the CWL** – *CWL*

Wednesday, August 12 – **8:30 a.m.** – **+Larry Wismer** – *Joan Wismer*

Thursday, August 13 – **8:30 a.m.** – **+Ed Forwell** – *Betty Jane Forwell*

Friday, August 14 – **8:30 a.m.** – **+Tom Nakluski** – *Sandra Nakluski & Family*

Saturday, August 15 – **9 a.m.** – **+Jean Manser** – *Sandra Nakluski & Family*

**5 p.m.** – **+Scott Weiler & Agnes Bender** – *Dan & Pat Weiler*

Sunday, August 16 – **10 a.m.** – **20th Sunday** – **Parishioners of St. Teresa Parish**



### Announcements

**Church is Open for Prayer** – You are invited to visit Jesus, in the Most Blessed Sacrament, Monday to Friday, 8 a.m. to 8 p.m. The Adoration Chapel remains closed, but the church is open. Take advantage of this wonderful opportunity to come and spend some time with the Lord! Jesus is waiting for you!

**Lectors, Ushers, Counters** – We are in need of volunteers to assist at the weekday and weekend Masses. If you are available, please call the Parish Office. Thank you.

**Parish Records** - During this time of pandemic, in hopes of communicating effectively with everyone, we have been reviewing our Parish Database and have discovered that our Parish Records could benefit from some up-dating. We would be most grateful if you could notify the office of any changes you have experienced, most especially any changes to your address, phone number and email. Thank you for your assistance in this matter.

**Sprinkler System Update** – Work was completed recently on our irrigation system, which was damaged during the construction of our church washroom. We are now able to water the lawn properly and our grounds should once again be looking beautiful!

**Prayer Vigil** - August 6, 2020 - 9:00 a.m. to 10:00 a.m. - in front of Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road at Schneider Park. Please contact Cathy at: [kwc.prayervigil@rogers.com](mailto:kwc.prayervigil@rogers.com) with any inquiries. **Note:** We will all observe 2 meters distance from each other.

**“40 Days for Life”** – The campaign runs from Wed., Sept. 23rd thru to Sun., Nov.1, 2020. All are invited to consider signing up for one hour per week at: [www.40daysforlife.com/kitchener](http://www.40daysforlife.com/kitchener) or call 519-589-2919.

**Waterloo Knights of Columbus Fish Fry** – Available every Friday. Pick up only: 4:30 to 6:30 p.m., 145 Dearborn Place, Waterloo. Please call Derek, at 226-748-8378, to order. 1 P.C. - \$14.00; 2 P.C. - \$16.00 Best in Town.

### CIVIC HOLIDAY - MONDAY

Please note the Parish Office will be closed on Monday, August 3, 2020, to observe the Civic Holiday. The office will reopen on Tuesday, August 4, 2020, at 9:00 a.m.

**Have a Blessed and Safe Weekend!**

### Stewardship Report

As the churches, now open and we return to Sunday worship, as a parish community, in the church, I would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. For those attending Mass, in person, a box will be provided for you to drop off your donation, on your way out of the church. For those, at this time, who will be continuing to live-stream Mass, the following options will still be available. To support our parish via **credit card**, please visit the special **Parish Offertory Fund: COVID-19** page at the Diocese of Hamilton:

[COVID-19 Parish Fund - Diocese of Hamilton](#)

Once you are on the Parish Offertory Fund: COVID-19 page, there are 4 sections on the form to complete. They are as follows:

- DONATION DETAILS
- DONOR & TAX RECEIPT INFORMATION
- PAYMENT INFORMATION
- IF YOU HAVE A MESSAGE FOR YOUR PARISH, PLEASE SHARE IT HERE:

To ensure the funds get directed to our parish, it is imperative that you select **St. Teresa of Avila Parish, Kitchener** in the drop box in the **FUND** box of the Donation Details section. Once you have completed the form, click on **COMPLETE DONATION NOW**. This method of giving will provide you with an **electronic tax receipt** immediately upon making your gift. If you choose the above option, it would be greatly appreciated if you could email the parish office at [st.teresa@stteresakit.ca](mailto:st.teresa@stteresakit.ca) to advise us of your donation.

You may also **send a gift directly** to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door. Please be sure to include your name, address and phone number or use your donation envelope. We are very grateful for any contributions you may be able to make at this time.

#### Stewardship Report – July 19, 2020

Envelopes .....	\$ 1848.62
Loose .....	\$ 87.00
Building and Maintenance .....	\$ 80.00
Funeral – Kathleen Steffler .....	\$ 150.00

#### Stewardship Report – July 26, 2020

Envelopes .....	\$ 2444.00
Building and Maintenance .....	\$ 80.00
Loose.....	\$ 322.10
Website donations.....	\$ 693.30

## CWL NEWS

To St. Teresa Parishioners –

I hope and pray you and your families are well and enjoying some peace and solitude during this time of isolation. I know that some members have had illness and suffered the loss of loved ones in their families and for that I am deeply sorry.

A few days after our 'elections', Father asked me if I would fill in as President of St. Teresa's Catholic Women's League. I agreed with the understanding that **we must have a Recording Secretary in order to carry on.**

Well, we all know what happened and we have lost contact with some of the people, we wanted to approach.

It is providential (the Holy Spirit) that just after this pandemic I received a memo from the National Secretary-Treasurer of the Catholic Women's League saying that **"minutes should not contain all discussions that take place at a meeting. Only decisions made and motions should be recorded."** This is wonderful news, as it simplifies the Secretary's job! Please consider this position and its simplified form. Being part of St. Teresa's executive is a very positive experience. We become good friends, and our one fault, might be, that we laugh too much! Please consider this position.

I cannot pretend that I am delighted to be president, yet again, because I feel that the same people holding positions over and over again, makes the League 'stale'. But this is what we have.

It is wonderful to have young women like Jen and Barbara on the executive and what they have to say, is worth listening to. They are valuable members. I understand their responsibilities at home and in the workplace.

With everything at a standstill right now, I cannot even guess where we will go from here. The best that we can do is to pray to Our Dear Lady of Good Counsel and the Holy Spirit to guide us in the right direction.

As a matter of interest, on April 8, 1980, I became President the first time; On May 29, 1980, I had a baby girl. I served a three-year term and on April 8, 1983, I had another baby girl. God has been good to us. Some of those days, weeks, months were a blur of busyness in our family. It helped to have a supportive husband and family along with great support from League members.

So, again, the bottom line is to pray, pray, pray for each other and the CWL at St. Teresa's.

With love and prayer,  
Mary Alice

Here is our Prayer: (We can change '**Canada**' to '**St. Teresa's**) Perhaps we can make this a daily prayer.

*We humbly pray You, O God, our Father, to bless the Catholic Women's League of Canada. Bless our beloved country, our homes and families. Send Your Holy Spirit upon us to give light to our minds and strength to our wills that we may know and fulfill Your great law of charity. Teach us to share with others at home and abroad, the good things You have given us. This we ask through our Lord Jesus Christ and the intercession of our patroness, Our Lady of Good Counsel. Amen.*

## Come! The doors are open! Welcome Home!



If you haven't already come to Mass, you will notice there a few changes from the usual way in which we celebrate the Eucharist. In order for us to open the doors, we are required to follow the guidelines of the government, health authorities and the Diocese of Hamilton, established to provide for the well-being and safety of all.

For your convenience, we are including the guidelines, once again. When you come to Mass or at any time you may come to the church, for the foreseeable future, you will be asked to adhere to the following guidelines:



- ❖ Entrance is not permitted to those who have an elevated temperature, or are suffering from cough, sputum production, shortness of breath, undue fatigue, loss of appetite, muscle aching, runny nose, chills involving shakes, loss of sense or taste or smell. If you are sick, you are kindly asked to stay home.
- ❖ If you have travelled outside Canada within the past 14 days, you are not to enter the church until you have completed the period of self-isolation.
- ❖ **Effective July 13, 2020**, the Regional Municipality of Waterloo passed By-Law (Number 20-036) requiring the wearing of face masks or protective shields in all public places in the region, including places of worship. As such, you will be required to wear a mask when coming to Mass or to the church.



- ❖ Everyone is to use the hand sanitizer provided upon entry to the church.
- ❖ Maintain a two-metre (six foot) distance at all times in the church and on church property.
- ❖ Only 30% of the seating capacity is permitted by government regulations at this time. Ushers will guide you to the available designated seats.

During the celebration of Mass, you will notice a few changes based on the recommendations of health authorities:

- ❖ The entrance procession will be simplified.
- ❖ There will be no hymnals in the pews; singing will be led by an instrumentalist and cantor only.
- ❖ Only one lector will proclaim the readings before the Gospel, and the petitions.
- ❖ There will be no collection and presentation of bread and wine at the usual time. You will be invited to deposit your offering in the basket/receptacle as you leave the church.
- ❖ Before Communion, following the prayer (*Lord, I am not worthy...*) the Priest will say once: *The Body of Christ*. All will respond together: *Amen*. Communion will be received in silence.



- ❖ You will be directed by the ushers to come to Communion row by row, while maintaining physical distancing. Particular directions will be given before Communion.

- ❖ Communion can be received only in the hand at this time. Carefully extend your hands, placing one upon the other to receive the Body of Christ. Communion from the chalice is not permitted.

- ❖ Following the dismissal, you will be directed to leave the church, row by row, in order to maintain physical distancing. No printed bulletins will be available.

- ❖ You are asked to refrain from socializing with others following Mass.

## PARISH OFFICE IS OPEN

Office hours are Monday, Tuesday, Thursday and Friday, 9 a.m. – 12 p.m. and 1 p.m. – 3 p.m. The Office is closed on Wednesdays.

### **Please help us keep everyone safe by adhering to the following guidelines:**

1. Admittance to the Parish Office is by appointment only.  
Please call: 519-743-4525 or email: [st.teresa@stteresakit.ca](mailto:st.teresa@stteresakit.ca) to book an appointment.
2. If you feel unwell or your temperature is elevated, please do not enter the office.
3. All visitors must provide contact information and attest that they are not exhibiting any signs of COVID-19 and have not been in contact with a COVID-19 patient over the last fourteen days.
4. Be sure to use hand sanitizer upon entering the office.
5. Be sure to maintain a physical distance of 2 metres (6 feet) at all times.
6. Please wear a protective mask when you come, if you forget we will have a complementary one for you.



The above guidelines are for those who have appointments. If you are dropping off something for the Parish, please place item through the mail slot in the wooden door behind the white storm/screen door (please feel free to wave – it will be great to see you!). If you are requesting a Mass or for any other inquiries, please call the Parish Office. Any requests for Mass Cards, will be placed in the outside mailbox for pick up, as we have been doing during this time of pandemic.

At this time, we are not able to provide the social distancing required within the Office itself and consequently to ensure the safety of all, should you arrive at the Parish Office, and wish to speak with us, we will need to communicate through the outside storm/screen door. We apologize for any inconvenience, but trust you will understand that our priority is to keep everyone safe!

Thank you for your assistance and cooperation!