

## St. Teresa of Avila Novena



**St. Teresa of Avila was a Carmelite nun in Spain. She had a great relationship with God in prayer. Both the Virgin Mary and Jesus appeared to her in prayer! She had a new approach to personal and contemplative prayer. She wrote at length about her experience with prayer and has guided many from her powerful, practical and graceful writings. Although she was a contemplative nun, she spent much of her time founding new monasteries for the Discalced Carmelites and seeking to improve herself and her order. She was very ill during much of her life, suffering from seizures, three years of paralysis and sickness. Even through illness, she was a woman who inspired and gave life to all around her through her trust and personal relationship with God. St. Teresa of Avila was one**

**of the first women to be named a Doctor of the Church. She is the patron saint of sick people and people in religious orders.**

Day 1



O Most Merciful Lord Jesus Christ: We thank You for, “**The great gift of faith and devotion to the Holy Sacrament,**” which You granted to Your servant Teresa.

We pray that, by Your merits and by those of Your faithful servant Teresa, we will receive the gift of a lively faith and a fervent devotion towards the most Holy Sacrament of the altar; where You, O infinite Majesty, gave Yourself to be with us even to the end of the world and where You so lovingly gave Your whole Self.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of saint Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

**... St Teresa of Avila, Pray for Us ...**

Day 2



O Most Merciful Lord Jesus Christ:

We thank You for, “**The great gift of hope,**” which You granted to Your servant Teresa. We pray that by Your merits and by those of Your holy spouse, we will receive great confidence in Your goodness, by reason of Your Precious Blood, which You shed to its last drop for our salvation.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Thy Son, who lives and reigns with Thee in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**

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Day 3



O Most Loving Lord Jesus Christ:

We thank You for, “**The great gift of love,**” which You granted to Your servant Teresa. We pray that, by Your merits and by those of Your most loving servant Teresa, we will receive the great crowning gift of Your perfect love.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**

Day 4



O Most Sweet Lord Jesus Christ:

We thank You for, **“The gift of great desire and resolution,”** which You granted to Your servant Teresa so that we might love You perfectly. We pray that, by Your merits and by those of Your most generous spouse Teresa, we will receive a true desire and resolution to please only You, the utmost of powers.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

**... St Teresa of Avila, Pray for Us ...**

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Day 5



O Most Kind Lord Jesus Christ:

We thank You for, **“The great gift of humility,”** which You granted to Your beloved Teresa. We pray that, by Your merits and by those of Your most humble servant Teresa, we will receive the grace and joy of true humility.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

**... St Teresa of Avila, Pray for Us ...**

Day 6



O Most Bountiful Lord Jesus Christ:

We thank You for, “**The gift of devotion towards our Blessed mother Mary and her holy spouse Joseph,**” which You granted to Your beloved Teresa.

We pray that, by Your merits and by those of Your most dear servant Teresa, we will receive the grace of a special and tender devotion towards Your most holy mother Mary and towards Your beloved foster-father, Joseph.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**

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Day 7



O Most Loving Lord Jesus Christ:

We thank You for, “**The wonderful gift of the wound in the heart,**” which You granted to Your beloved Teresa.

We pray that, by Your merits and by those of Your servant Teresa, we will also receive a wound of love so that, henceforth, we may love You and give our mind to the love of nothing but You.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**

Day 8



O Most Beloved Lord Jesus Christ:

We thank You for, “**The eminent gift of the desire for death,**” which You granted to Your beloved Teresa. We pray that, by Your merits and by those of Your most constant servant Teresa, we will receive the grace of accepting death, in order to go and meet You for eternity in the country of the Blessed.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**

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Day 9



Lastly, O Dearest Lord Jesus Christ:

We thank You for, “**The gift of the precious loving death’** which You granted to Your beloved Teresa.

We pray that, by Your merits and by those of Your servant Teresa, we will die a good death with a burning of love for You and, love You for ever more with a perfect love in heaven.

St Teresa, I pray (*Share your request...*) but may the will of God the Father Almighty be done.

**Prayers:** Our Father... Hail Mary... and Glory be...

**St. Teresa:** Pray for us, that we may become worthy of the promises of Jesus Christ.

**Let us pray:**

Graciously hear us, O God of our salvation: that as we rejoice in the commemoration of Blessed Teresa, we may be nourished by her heavenly teachings and draw from it the fervour of a tender devotion. This we ask through our Lord Jesus Christ, Your Son, who lives and reigns with You in the unity of the Holy Spirit, God for ever and ever. Amen.

... **St Teresa of Avila, Pray for Us ...**