

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate

44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525

E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

Solemnity of the Most Holy Trinity

May 30, 2021

St. Teresa of Avila

“To have courage for
whatever comes in
life - everything lies
in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Facilities Manager: Jack Pigeau

Volunteer Gardeners:

Baptism Preparation Team:

CWL President: Mary Alice Zister

Lector Co-ordinator: Mary Alice Zister

Eucharistic Minister Co-ordinator:

Kim Voelzing

Prayer Group:

Mila Navaleza - 519-574-8534 or
519-900-0250

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett

519-749-1501

St. Teresa School

Principal: Mr. Brian Goodyear

Secretary: Mary Lavigne

519-743-2131



Parish Office Hours

Monday - Friday

9:00 a.m. – 12:00 p.m.

1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m.

5:00 p.m.

Weekday Schedule

Please check inside for
weekly schedule

Sunday Liturgy:

10:00 a.m.

Confession: By appointment only.

Healing Mass: First Friday of each month – 7:00 p.m.

Prayer Meeting: 2nd, 3rd & 4th Friday – 7:00 p.m.

See inside for revised schedule during church closure.

Solemnity of the Most Holy Trinity

This week we returned to the liturgical season of Ordinary Time. This Sunday and next, however, are designated as solemnities—special days that call our attention to central mysteries of our faith. Today, on Trinity Sunday we celebrate the mystery of the Holy Trinity, one God in three persons. In the context of today's focus on the mystery of the Holy Trinity, the reading calls our attention to the action of God, who reveals Himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent His Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; He does not condemn the world but acts to save it: "Jesus said to Nicodemus: **“God so loved the world that He gave His only-begotten Son, so that everyone who believes in Him may not perish but may have eternal life.”** J 3, 16

In today's Gospel (Matthew 28:16-20), the eleven disciples go the mountaintop in Galilee, as Jesus had instructed them through Mary Magdalene and the other Mary. They see Jesus, and they worship and doubt at the same time. Jesus approaches them and commissions them to baptize and teach. It is a task for which Jesus had previously prepared His disciples; recall that Jesus had already sent the twelve apostles to preach the Kingdom of God and to heal. Yet earlier, the Twelve were sent only to the House of Israel; in this final commission, the eleven are told to go to all nations. The mission of Jesus is now to be taken to all people, and the task is to baptize and to teach.



Jesus commissions His disciples to baptize in the name of the Trinity; this is one of the clearest attestations for Baptism in the name of the Holy Trinity found in Scripture. As we read this Gospel on the Solemnity of the Most Holy Trinity, we are reminded that this central mystery of faith is meant to be lived. As baptized Christians, we share in the life of the blessed Trinity and seek to invite others to share in God's love.

Bringing the Gospel Into Your Family

Look for an opportunity to do something for someone who needs to know God loves him/her. Ask the Holy Spirit to help your family seek out a person in need and also to give your family the energy and courage necessary to witness God's love.

Diocese of Hamilton Prayer Calendar 2021

May 31 – Rev. Pat Aiello, C.R.
June 1 – Rev. Chris Buda, C.R.
June 2 – Barnabite Fathers (C.R.S.P.)
June 3 – Very Rev. Aleksander Mazur, S.A.C.
June 4 – Rev. Sutherland MacDonald, C.R.
June 5 – Rev. Philip Reilly, C.R.
June 6 – The Solemnity of the Most Holy Body and Blood of Christ

Vocations

Solemnity of the Most Holy Trinity May 30, 2021

God the Father, Creator; God the Son, Redeemer; God the Holy Spirit, Sanctifier. When we go out to "make disciples of all nations", we have a lot to tell! God is present everywhere. Would you be willing to proclaim the truth of God's love and presence in your life as a priest, religious or deacon? If so, call Most Reverend Wayne Lobsinger, VG, EV, Auxiliary Bishop & Vocations Director, Diocese of Hamilton at (905) 528-7988 x2222.

vocations@hamiltondiocese.com
<https://hamiltondiocese.com/vocations/>

Serra Prager for the Perseverance of Vocations

O God, You have constituted Your only-begotten Son supreme and eternal Priest for the glory of Your majesty and the salvation of mankind; grant that those whom He has chosen ministers and dispensers of His mysteries may be found faithful in fulfilling the ministry that they have received.

Amen.

Baptism

This Sunday, through the Sacrament of Baptism, we welcome:
Zachary Luis Martins
 son of
 Jonathan Martins and Zena Alyashae

Mass During Lockdown – We can accommodate up to 9 people to assist at Mass. If you are interested, please call the Parish Office. Thank you.

May – The Month of Mary – During the month of May, we honoured our Blessed Mother following each Mass with a short Marian devotion meditating upon virtues of our Blessed Mother and reciting the Litany of the Blessed Virgin Mary. We were also encouraged to pray, at home, at least one decade of the Rosary during the month, to prepare ourselves for the **Act of Consecration** which takes place this Sunday, **May 30th**. Please join us at the 10:00 a.m. Mass, on Zoom.

On Father's Day, June 20th we will accept multiple Mass intentions. Please call our parish office if you would like to make a request. All the requested intentions on this occasion will be listed in the bulletin.

Mass Intentions for 2021 – The offering of Mass for the deceased, the sick, a personal intention, in thanksgiving, a special intention such as an anniversary, birthday, etc. is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass.

Spiritual Communion

(St. Alphonsus Liguori)

*My Jesus, I believe that You are present
in the Most Blessed Sacrament.*

*I love You above all things, and I desire
to receive You into my soul.*

*Since I cannot now receive you sacramentally,
come at least spiritually into my heart.*

*I embrace You as if you were already there,
and I unite myself wholly to You.*

*Never permit me to be separated from You.
Amen.*

Mass Intentions May 31, 2021 – June 6, 2021

Tuesday, June 1, 2021 – **7:00 p.m.**

Memorial of St. Justin, Martyr

Group Intentions

+ **Jolanda** – Ann & Michael Onn

Wednesday, June 2, 2021 – **7:00 p.m.**

Blessings for Natalie and baby to be born healthy – Kulas Family

Thursday, June 3, 2021 – **7:00 p.m.**

+ **Lillian Zister** – Mary Alice & Bill Zister

Friday, June 4, 2021 – **7:00 p.m.**

+ **John Forthuber** – Helene Meier

Saturday, June 5, 2021 –

9:00 a.m. – + Margaret Altman – Family

7:00 p.m. – + Gerald Grubb – Helen

Bastian & Family

Sunday, June 6, 2021 – **10:00 a.m.** – Solemnity of the Most Holy Body and Blood of Christ (*Corpus Christi*) – Year B – Parishioners of St. Teresa Parish

Live-streaming on Zoom

The Masses will be **live-streamed**, Tuesday to Friday at 7 p.m., Saturday at 9:00 a.m., Saturday Vigil in anticipation of Sunday at 7 p.m., and on Sunday at 10:00 a.m. Join Father by clicking on the following link:

<https://zoom.us/j/5887658626>

The Password is: 274733

Daily Readings:

Lectors may find daily readings at this link:

<https://readings.livingwithchrist.ca>

Parish Office – Important Information

Due to Province-wide restrictions, the Parish Office at 44 Leonard St. is once again closed. Please continue to watch the bulletin for further up-dates. Mary will be working from home and therefore, you can continue to reach our Parish Office at st.teresa@stteresakit.ca or 519-743-4525.

Prayer to St. Joseph



YEAR OF SAINT JOSEPH
December 8, 2020 – December 8, 2021

Remember, O St. Joseph,
loving and powerful protector,
that according to the testimony
of your faithful servant,
great St. Teresa,
no one who is truly
devoted to you
has seen his petition rejected.
Filled with confidence and hope
I come to you, worthy Spouse
of Mary Immaculate.
Do not close your ears
to my prayer,
you who have the glorious title
of father of Jesus,
but graciously hear
and intercede for me.

Amen.

Stewardship Report

Once again, we are not able to gather to worship as a Parish Community, in the church. We would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. Thank you to those who continue to remember the parish through financial donations - We appreciate your continued support!

Pre-Authorized Giving

Pre-Authorized Giving is now available for our parishioners. A digital copy of the form may be found on our website under Bulletins for 2021. Simply print the form and complete it. For those unable to print the digital copy, please contact the Parish Office. Completed forms can be returned to the Parish Office via the slot in the Parish Office door or can be mailed to: St Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8

E-Transfer

Exciting news – We are now able to provide E-Transfer to our parishioners. For E-Transfers, please use the following email account: **stteresakitchener@hamiltondiocese.com**

CanadaHelps

To support our parish via **credit card** or **PayPal** please visit canadahelps.org You can access our parish directly by following this link:

<https://www.canadahelps.org/en/charities/119110450RR0053-st-teresas-parish/>

For those who do not get the bulletin electronically, go to canadahelps.org and then follow the instructions below:

Once you are on the homepage, you can access St. Teresa of Avila Parish by going to the Donate tab and clicking on Find a Charity. Click on the blue box that says Pick a category that is close to your heart. Now click on religion. Once you have done this you will have another tab appear that says All Locations. Click on this tab and change region to Ontario and city to Kitchener. You will now be able to scroll down until you find **STTERESAS** (Kitchener, ON appears below). Click on this link and you can then proceed with your donation.

Please note that donations made through the CanadaHelps website, will receive a tax receipt directly from CanadaHelps, via email.

Stewardship Report May 23, 2021

Envelopes	\$1298.00
Loose	\$ 50.00
Building Fund	\$ 70.00
Pope's Pastoral Works	\$ 235.00

You may also send a gift directly to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door. Please be sure to include your name, address and phone number or use your donation envelope.

Continuing support of our parish is an act of generosity and faith. We are very grateful for any contributions you may be able to make at this time.

Mass during Stage One of Re-opening –

As soon as Stage One of the provincial plan for the re-opening of churches takes place, the following options for attending Mass will be available. Weekday Masses will be celebrated in the church with a maximum of 10 people. The Saturday Vigil in anticipation of Sunday and the Sunday Mass will be celebrated outdoors to accommodate as many people as possible. There are no restrictions on the outdoor celebrations except that the 2m distancing be maintained. This potentially could be in effect the weekend of June 19/20, 2021. Please watch the bulletin for updates and more information.

First Communion Postponed until 2022 – Due to Covid-19 restrictions we have to postpone First Communion for those children who signed up in 2020. The pandemic has not allowed us to create a proper environment that would allow children to attend Mass on a regular basis. This situation compels us to postpone the direct preparation and receiving of the sacraments until next year. Never-the-less, parents and children are encouraged to attend Mass whenever possible, in the church and during this time of pandemic, on Zoom.

Prayer Vigil – Thursday, June 3, 2021- 9:00 a.m. to 10:00 a.m.; in front of Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road - Schneider Park. Any queries, please contact Cathy at: kwc.prayervigil@rogers.com ***Note: Prayer Vigil will resume only if provincial lockdown is lifted. We will all observe 2 meters distancing.***



Marillac Place 2021 Baby Bottle Campaign Mother's Day to Father's Day

St. Teresa of Avila Parish is once again proud to participate in the Baby Bottle Campaign, in support of Marillac Place. Marillac Place relies heavily on the donations from our community to support mother-led families in need of assistance. The Campaign runs from Mother's Day to Father's Day. Due to the ongoing social distancing restrictions, we will not be delivering baby bottles this year. Please provide your support through our virtual campaign by donating online or sending a cheque directly to Marillac Place.

To donate click the following link: [Donate - Marillac Place](#)

Thank you so much for your support. All proceeds from the campaign will directly support the operations of Marillac Place to help us make an immediate impact on residents. For more information on Marillac Place please call (519) 571-0722 x 202 or send an email to admin@marillacplace.ca or visit www.marillacplace.ca Thank you for your continued support!



Join us for a free panel discussion on this increasingly pressing issue: **How will parishes respond with compassion and sensitivity to the growing number of elderly Catholics struggling with dementia?** June 2, 2021 04:00 PM in Eastern Time (US and Canada). We bring a pastor, a bioethicist and an author of a recently published book on this subject into conversation on a complex and often challenging aspect of our aging congregations. Sponsored by Novalis Publishing and The Catholic Register. The webinar is free, but registration is

required. Register now: https://us02web.zoom.us/webinar/register/WN_frDpKk6-S3C3tOHJXekuRg

Guelph Virtual Walking Pilgrimage – July 31-August 7 – Nourish your spirituality, exercise, enjoy the outdoors. Participate for 1 day, a weekend or the full 8 day trip! This year, like last summer, we are not able to walk the pilgrimage, as we have for the last 18 years. Covid -19 brought the birth of a Virtual Walking Pilgrimage in a slightly different format. To register or for more information go to www.ignatiusguelph.ca (under programs - Guelph Walking Pilgrimage). Registration fee \$75.

Can you explain the Trinity?

You and I live in a three-dimensional world. All physical objects have a certain height, width, and depth. One person can look like someone else, or behave like someone else, or even sound like someone else. But a person cannot actually be the same as another person. They are distinct individuals.

God, however, lives without the limitations of a three-dimensional universe. He is spirit. And He is infinitely more complex than we are. That is why Jesus, the Son can be different from the Father. And, yet the same.

The Bible clearly speaks of: God the Son, God the Father, and God the Holy Spirit, but emphasizes that there is only ONE God. If we were to use math, it would not be, $1+1+1=3$. It would be $1 \times 1 \times 1 = 1$. God is a triune God.

Thus, the term: "Tri" meaning three, and "Unity" meaning one, Tri+Unity = Trinity. It is a way of



acknowledging what the Bible reveals to us about God, that God is yet three "Persons" who have the same essence of deity.

Some have tried to give human illustrations for the Trinity, such as H₂O being water, ice and steam (all different forms, but all are H₂O). Another illustration would be the sun. From it we receive light, heat and radiation. Three distinct aspects, but only one sun.

No illustration is going to be perfect.

But from the very beginning we see God as a Trinity. In the book of Genesis, the first book in the Bible, God says, "Let us make man in our image...male and female He created them."¹ You see here a mixture of plural and singular pronouns.

When Moses asked God for His name, God replied, "I am" - eternally existing.

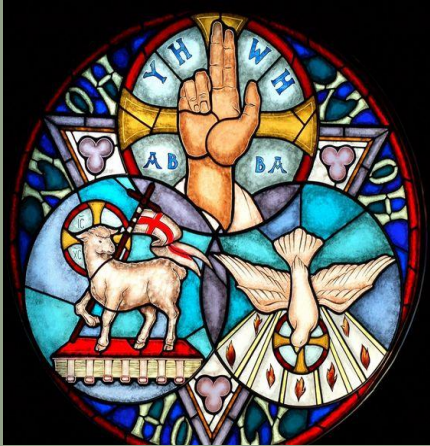
Jesus used the same phrase numerous times.

"I am the light of the world..."

"I am the bread of life..."

"I am the way, the truth and the life. No one comes to the Father except through Me."

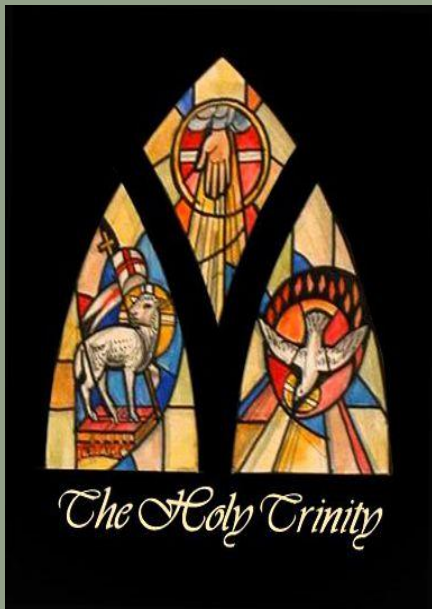
Abraham is someone mentioned in Genesis, thousands of years before Jesus came to earth. Yet, Jesus said of Himself, "Before Abraham was born, I am." The Jews understood fully what Jesus was saying because they picked up stones to kill Him for "blasphemy" - claiming to be God. ² Jesus has always existed. This came up time and time again. Jesus was so clear about His unique relationship with the Father. This is why, "the Jewish leaders tried all the harder



to find a way to kill Him. For He not only broke the Sabbath, He called God His Father, thereby making Himself equal with God.” 3

For all of eternity, the Father, Son and Holy Spirit have always been in relationship and communication with each other, yet not as three gods...as one God.

“All three Persons in the Trinity have relational names. The First Person in the Trinity is called Father. You cannot be called The Father unless you have a child. And the same goes for the Second Person in the Trinity. You cannot be called The Son unless you have a Father. The Third Person in the Trinity is called both The Spirit of The Father (Matt 10:20) and the Spirit of The Son (Gal 4:4-6).”4



If Jesus is God, who was He praying to?

On earth, Jesus continued to talk to the Father, and the Father and Spirit continued to communicate with Him. Though not a complete list, here is some other Scripture that shows God is one, in Trinity:

- "Hear, O Israel! The LORD is our God, the LORD is one!" 5
- "I am the LORD, and there is no other; Besides Me there is no God." 6
- There is no God but one.7
- And after being baptized, Jesus went up immediately from the water; and behold, the heavens were opened, and He saw the Spirit of God descending as a dove, and coming upon Him, and behold, a voice out of the heavens, saying, "This is My beloved Son, in whom I am well-pleased." 8
- "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit." 9
- Jesus said: "I and the Father are one." 10
- "He who has seen Me has seen the Father." 11
- "He who beholds Me beholds the One who sent Me." 12
- If anyone does not have the Spirit of Christ, he does not belong to Him. 13
- "Joseph, son of David, do not be afraid to take Mary as your wife; for that which has been conceived in her is of the Holy Spirit." 14
- And the angel answered and said to her [Mary], "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; and for that reason, the holy offspring shall be called the Son of God." 15
- [Jesus speaking to His disciples] "And I will ask the Father, and He will give you another Helper, that He may be with you forever; the Spirit of truth, whom the world cannot receive, because it does not behold Him or know Him, but you know Him because He abides with you, and will be in you." ... "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him, and make Our abode with him."16

Footnotes: (1) Genesis 1:26,27 (2) John 8:56-59 (3) John 5:16-18 (4) Barry Adams, *The Kingdom Belongs to Little Children*, page 40. (5) Deut. 6:4 (6) Isa. 45:5 (7) 1Cor. 8:4 (8) Matt. 3:16-17 (9) Matt. 28:19 (10) John 10:30 (11) John 14:9 (12) John 12:45 (13) Rom. 8:9 (14) Matt. 1:20 (15) Luke 1:35 (16) John 14:16-17,23



A big thank you to our wonderful maintenance committee, especially Bill Zister, Jack Pigeau, Tim Pickett, Don Monastyrski and Bill Tucker, who decided to renovate my patio and also put together a gazebo on the new patio. The gate leading to the patio, now not only has a door, but also a nice arch with a cross. During the work, they displayed great dedication and also great creativity in making this place so beautiful. We also can't forget Ken Skinner, who brought Tim Hortons coffee for our crew. Thank you all so much for your kindness and dedication!





I would also like to say thank you to Jim Weber, who looks after our flower beds, for planting new flowers and evergreen bushes and to Stella Lemieux who spent many hours removing dandelions from our grass. Thank you also to those who dedicate their time and talents looking after the church, but wish to remain anonymous.

If there is anyone who would like to dedicate some time to assisting in maintaining our grounds, please contact the parish office.

