

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate

44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525

E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

June 6, 2021

St. Teresa of Avila

“To have courage for
whatever comes in
life - everything lies
in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Facilities Manager: Jack Pigeau

Volunteer Gardeners:

Baptism Preparation Team:

CWL President: Mary Alice Zister

Lector Co-ordinator: Mary Alice Zister

Eucharistic Minister Co-ordinator:

Kim Voelzing

Prayer Group:

Mila Navaleza - 519-574-8534 or
519-900-0250

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett

519-749-1501

St. Teresa School

Principal: Mr. Brian Goodyear

Secretary: Mary Lavigne

519-743-2131

Parish Office Hours

Monday - Friday

9:00 a.m. – 12:00 p.m.

1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m.

5:00 p.m.

Weekday Schedule

Please check inside for
weekly schedule

Sunday Liturgy:

10:00 a.m.

Confession: By appointment only.

Healing Mass: First Friday of each month – 7:00 p.m.

Prayer Meeting: 2nd, 3rd & 4th Friday – 7:00 p.m.

See inside for revised schedule during church closure.

Solemnity of the Most Holy Body and Blood of Christ

This day was once called Corpus Christi, the Latin words for “the Body of Christ.” In a way we have already celebrated this feast. We did so on Holy Thursday, in Holy Week. On that occasion, the emphasis was on the institution, the gift of the Eucharist, to us, as one of Jesus’ last acts before His suffering and death. Now the emphasis is on practical implementation of this gift. In many parts of the world, there will be a solemn and joyful procession of the Blessed Sacrament through the parish grounds or even through the public streets. **“Going to communion” is not a private “receiving” but a sharing**, an eating together of the one Bread and the shared drinking of the one Cup.

This one Bread and one Cup represent Jesus in His Risen Body; it includes not only Jesus, but the whole community present. We recognize in the sharing, not just the individual Jesus coming to me, but Jesus in His Body, of which we are all part. Some people ask why they have to come to Mass and why they cannot pray at home. Of course, they can pray at home and sometimes that is a better place to pray - but, **Mass is not just a time for praying; it is a time for celebrating community.** That cannot be done at home; we can only do that together. **A good Eucharist is the sign of a living community.** A boring Eucharist is the sign of a dead one. The more we become aware of Christ living and acting in and through us as His Body, the more meaningful will be our gathering around His table.

In our reading for today, we read the account of the Last Supper found in the Gospel of Mark (*Mk 14:12-16,22-26*). It begins with the instructions that Jesus gave to His disciples to prepare their Passover celebration. It then goes on to give an account of the Last Supper. We believe that Jesus is truly present to us in the elements of bread and wine. Each time we celebrate this sacrament, we prepare for the Kingdom of God.

Family Connection: The Power of the Eucharist: Michael Kelly

<https://www.youtube.com/watch?v=slT0wtXJzcA>

Please watch this video with your children or any family members and share your own experience: *what have I heard in this message?*

“When you have received Holy Communion, close your bodily eyes so that you may open the eyes of your soul. Then look upon Jesus in the centre of your heart”
St. Teresa of Avila

The Sacred Heart of Jesus - on the Friday after the Solemnity of Corpus Christi, the Church celebrates the Solemnity of the Sacred Heart of Jesus. The Church was born from the pierced heart of Jesus on the cross. In the first creation, Eve was born from the side of Adam. In the new creation, the Church was born from the side of Jesus. The Bride from the Heart of the Bridegroom! When the soldier thrust his lance into Jesus’ side, immediately blood and water flowed out. Every Year, on this Solemnity, the church celebrates the Sanctification Day for the Clergy. **Please pray for your parish priests and make some spiritual sacrifices on that day, in their intention.**

Diocese of Hamilton Prayer Calendar 2021

June 7 – Rev. George Stortz
June 8 – Rev. Robert Hetu
June 9 – Parish Staff
June 10 – Rev. Robert Stainsby
June 11 – Rev. Mark Sullivan
June 12 – Most Rev. Wayne Lobsinger
June 13 – Eleventh Sunday in Ordinary Time

Vocations

Solemnity of the Body and Blood of Christ June 6, 2021

Receiving Eucharist is a real sign of unity in our Church. God nourishes us with the “Bread from Heaven” if we have ordained priests to celebrate the Liturgy. If you feel the inclination to be a priest, religious, or permanent deacon, call Most Reverend Wayne Lobsinger, VG, EV, Auxiliary Bishop & Vocations Director, Diocese of Hamilton at (905) 528-7988 x2222.

vocations@hamiltondiocese.com
<https://hamiltondiocese.com/vocations/>

Śerra Prayer for the Perseverance of Vocations

O God, You have constituted Your only-begotten Son supreme and eternal Priest for the glory of Your majesty and the salvation of mankind; grant that those whom He has chosen ministers and dispensers of His mysteries may be found faithful in fulfilling the ministry that they have received.

Amen.

Mass During Lockdown – We can accommodate up to 9 people to assist at Mass. If you are interested, please call the Parish Office. Thank you.

Mass during Stage One of Re-opening –

As soon as Stage One of the provincial plan for the re-opening of churches takes place, the following options for attending Mass will be available. Weekday Masses will be celebrated in the church with a maximum of 10 people. The Saturday Vigil in anticipation of Sunday and the Sunday Mass will be celebrated outdoors to accommodate as many people as possible. There are no restrictions on the outdoor celebrations except that the 2m distancing be maintained. This potentially could be in effect the weekend of June 19/20, 2021. Please watch the bulletin for updates and more information.

On Father's Day, June 20th we will accept multiple Mass intentions. Please call our parish office if you would like to make a request. All the requested intentions on this occasion will be listed in the bulletin.

Mass Intentions for 2021 – The offering of Mass for the deceased, the sick, a personal intention, in thanksgiving, a special intention such as an anniversary, birthday, etc. is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass.

Spiritual Communion

(St. Alphonsus Liguori)

*My Jesus, I believe that You are present
in the Most Blessed Sacrament.
I love You above all things, and I desire
to receive You into my soul.
Since I cannot now receive you
sacramentally,
come at least spiritually into my heart.
I embrace You as if you were already there,
and I unite myself wholly to You.
Never permit me to be separated from You.
Amen.*

Mass Intentions June 7, 2021 – June 13, 2021

Tuesday, June 8, 2021 – **7:00 p.m.**

Intentions of Magie & Marlowe – *Ken & Betty*

Wednesday, June 9, 2021 – **7:00 p.m.**

Healing for Annie Baak – *Ann & Helene*

Thursday, June 10, 2021 – **7:00 p.m.**

Intentions of Joanna MacGillivray – *Ken & Betty*

Friday, June 11, 2021 – **7:00 p.m.**

**Solemnity of the Most Sacred Heart of Jesus
In thanksgiving for priests and their ministry
and for our families** – *Parishioner*

Saturday, June 12, 2021 – **Memorial of the
Immaculate Heart of the Blessed Virgin Mary**

9:00 a.m. – + **Deceased of Gallant Family**
– *Stella Lemieux*

7:00 p.m. – + **Ludwig Ceh** – *Theresa Ceh
& Family*

Sunday, June 13, 2021 – **10:00 a.m.** – **Eleventh
Sunday in Ordinary Time** – Year B –
Parishioners of St. Teresa Parish

Live-streaming on Zoom

The Masses will be **live-streamed**, Tuesday to Friday at 7 p.m., Saturday at 9:00 a.m., Saturday Vigil in anticipation of Sunday at 7 p.m., and on Sunday at 10:00 a.m. Join Father by clicking on the following link:

<https://zoom.us/j/5887658626>

The Password is: 274733

Daily Readings:

Lectors may find daily readings at this link:

<https://readings.livingwithchrist.ca>

First Friday - June 4, 2021

(Please join us on Zoom)

Adoration begins at 6 p.m.

Mass at 7 p.m.

Join Father by clicking on the
following link:

<https://zoom.us/j/5887658626>

The Password is: 274733

Prayer to St. Joseph



YEAR OF SAINT JOSEPH
December 8, 2020 – December 8, 2021

Remember, O St. Joseph,
loving and powerful protector,
that according to the testimony
of your faithful servant,
great St. Teresa,
no one who is truly
devoted to you
has seen his petition rejected.
Filled with confidence and hope
I come to you, worthy Spouse
of Mary Immaculate.
Do not close your ears
to my prayer,
you who have the glorious title
of father of Jesus,
but graciously hear
and intercede for me.

Amen.

Stewardship Report May 30, 2021

Envelopes	\$1420.00
Building Fund	\$ 130.00
Pope's Pastoral Works	\$ 100.00
Needs of the Church in the Holy Land – (Good Friday)	\$ 100.00
Easter	\$ 50.00
Baptism	\$ 250.00
May Pre-Authorized Giving ...	\$1603.00

Stewardship Report

Once again, we are not able to gather to worship as a Parish Community, in the church. We would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. Thank you to those who continue to remember the parish through financial donations - We appreciate your continued support!

Pre-Authorized Giving

Pre-Authorized Giving is now available for our parishioners. A digital copy of the form may be found on our website under Bulletins for 2021. Simply print the form and complete it. For those unable to print the digital copy, please contact the Parish Office. Completed forms can be returned to the Parish Office via the slot in the Parish Office door or can be mailed to: St Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8

E-Transfer

Exciting news – We are now able to provide E-Transfer to our parishioners. For E-Transfers, please use the following email account: **stteresakitchener@hamiltondiocese.com**

CanadaHelps

To support our parish via **credit card** or **PayPal** please visit [canadahelps.org](https://www.canadahelps.org) You can access our parish directly by following this link:

<https://www.canadahelps.org/en/charities/119110450RR0053-st-teresas-parish/>

For those who do not get the bulletin electronically, go to [canadahelps.org](https://www.canadahelps.org) and then follow the instructions below:

Once you are on the homepage, you can access St. Teresa of Avila Parish by going to the Donate tab and clicking on Find a Charity. Click on the blue box that says Pick a category that is close to your heart. Now click on religion. Once you have done this you will have another tab appear that says All Locations. Click on this tab and change region to Ontario and city to Kitchener. You will now be able to scroll down until you find **STTERESAS** (Kitchener, ON appears below). Click on this link and you can then proceed with your donation.

Please note that donations made through the CanadaHelps website, will receive a tax receipt directly from CanadaHelps, via email.

You may also **send a gift directly** to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door. Please be sure to include your name, address and phone number or use your donation envelope.

Continuing support of our parish is an act of generosity and faith. We are very grateful for any contributions you may be able to make at this time.

Parish Office – Important Information

Due to Province-wide restrictions, the Parish Office at 44 Leonard St. is once again closed. Please continue to watch the bulletin for further up-dates. Mary will be working from home and therefore, you can continue to reach our Parish Office at st.teresa@stteresakit.ca or 519-743-4525.

First Communion Postponed until 2022 – Due to Covid-19 restrictions we have to postpone First Communion for those children who signed up in 2020. The pandemic has not allowed us to create a proper environment that would allow children to attend Mass on a regular basis. This situation compels us to postpone the direct preparation and receiving of the sacraments until next year. Never-the-less, parents and children are encouraged to attend Mass whenever possible, in the church and during this time of pandemic, on Zoom.



Catholic Women's League - Save the date! June 17 at 8:00 pm. All members are invited to a Zoom Meeting. The Zoom link will be included in next week's bulletin. Please join us.

**The Sisters of the Carmel of Saint Joseph will pray for you during the
Novena to Our Lady of Mount Carmel,
July 8th to July 16th, 2021**

Are you troubled? Do you need spiritual support?
You can participate in the Novena to Our Lady of Mount Carmel.
Send your prayer intention slip with your name and address to:

Carmel of Saint Joseph
1127 Carmel-Koch Road, R.R. #1
St. Agatha, ON N0B 2L0

For more information check the website for the Carmelite Nuns:

www.thecarmel.ca



**Marillac Place
2021 Baby Bottle Campaign
Mother's Day to Father's Day**

St. Teresa of Avila Parish is once again proud to participate in the Baby Bottle Campaign, in support of Marillac Place. Marillac Place relies heavily on the donations from our community to support mother-led families in need of assistance. The Campaign runs from Mother's Day to Father's Day. Due to the ongoing social distancing restrictions, we will not be delivering baby bottles this year. Please provide your support through our virtual campaign by donating online or sending a cheque directly to Marillac Place.

To donate click the following link: [Donate - Marillac Place](#)

Thank you so much for your support. All proceeds from the campaign will directly support the operations of Marillac Place to help us make an immediate impact on residents. For more information on Marillac Place please call (519) 571-0722 x 202 or send an email to admin@marillacplace.ca or visit www.marillacplace.ca. Thank you for your continued support!

Guelph Virtual Walking Pilgrimage – July 31-August 7 – Nourish your spirituality, exercise, enjoy the outdoors. Participate for 1 day, a weekend or the full 8 day trip! This year, like last summer, we are not able to walk the pilgrimage, as we have for the last 18 years. Covid -19 brought the birth of a Virtual Walking Pilgrimage in a slightly different format. To register or for more information go to www.ignatiusguelph.ca (under programs - Guelph Walking Pilgrimage). Registration fee \$75.

On the Feast of Corpus Christi: Celebrating the Source and Summit of Our Faith

A Commentary by Father Richard Kuns

Ever since I was a seminarian my personal spirituality has been focused on the Eucharist and Eucharistic Adoration, or, as Bishop Fulton Sheen referred to it, the “daily holy hour.” As a member of the vocations’ team in our diocese, I was very happy to note that spending time with Christ in the Blessed Sacrament is something most of our seminarians and recently ordained priests, also practice. In stating that, of course, I know that Eucharistic adoration is common among our priests as a whole, and it is increasing in popularity among the laity, as well, as evidenced in the growing number of adoration chapels throughout the country, not to mention the opportunities afforded the faithful in many of our parishes.

In the month of June, we have a feast day set aside to focus on Christ’s presence in the Blessed Sacrament. The second Sunday following Pentecost is the feast of the



Most Holy Body and Blood of Christ, or simply Corpus Christi. The feast day was established, at least in part, as a result of a Eucharistic miracle that happened in Bolsena, Italy, in 1263.

The story, which is infused with legend, has it that a priest who was on his way to Rome, on a pilgrimage stopped to rest and say Mass, at a church in the small town of Bolsena. Having for years struggled with faith in Christ’s true presence in the Eucharist, during his Mass, at the consecration, the host he held started to bleed.

After the pope at the time, Urban IV was notified of the miracle, he established the feast day, inspired in part, by the miracle. Today you can travel to Orvieto, Italy, where the bloody corporal (small altar cloth) that was used during the Mass of the miracle, is housed in a beautiful reliquary, in the town’s cathedral.

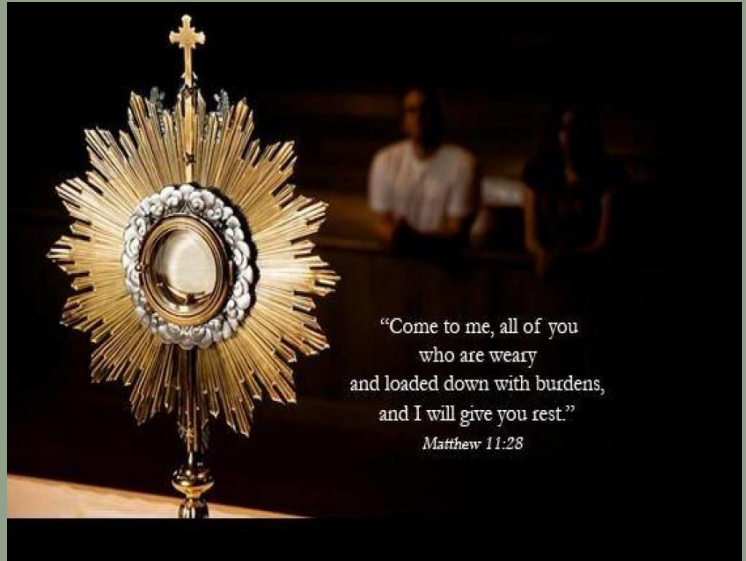
The real, true presence of Christ in the Blessed Sacrament, something that we often take either too lightly or for granted, happens to be referred to by the Second Vatican Council as the source and



summit of our faith. How often are we in the line to receive Communion, without giving it much thought? When we go to Communion, we are doing the most important thing of our entire week: receiving the fullness of God's divinity into our very selves!

Most saints in our history have had a deep and burning devotion to Christ in the Eucharist, and some of them, in their devotion, have left us some beautiful words on which to ponder and meditate.

My favourite quote about the Eucharist and the Mass comes from the great 20th-century mystic, **Saint Padre Pio**, who said, **"It would be easier for the Earth to exist without the sun than without the sacrifice of the Mass."** Read that a couple times to have it sink in. If only we all had that faith in the Mass!



"Come to me, all of you
who are weary
and loaded down with burdens,
and I will give you rest."
Matthew 11:28

St. Ignatius of Antioch was likely an infant when Jesus was crucified, so we consider him one of the earliest Church Fathers. As a near contemporary with Jesus, what he says about the Eucharist gives us a good indication of the Christian faith, in the first generations of the Church. Ignatius said, **"The Eucharist is the medicine of immortality and the antidote against dying."**

St. Alphonsus de Liguori writes extensively about the Eucharist. A couple of thoughts he brings up are not dogmatic, but good to think about, in how we prepare to receive Communion and how we pray after having received it. He said that if we did not receive our first Communion until our 100th birthday, we would not have sufficient time to properly prepare ourselves. That is something to ponder if we are repeatedly late to Mass. We should arrive in the church early enough to try and properly dispose ourselves to the important thing we are about to take part in. And for those who tend to leave Mass after going through the Communion line, Liguori said that after we receive the Eucharist, twelve angels surround us, worshipping what we just received. Needless to say, the parking lot is not the appropriate place, to give thanks to God, for the great gift He has just given us. Leaving Mass early is a bad idea.

St. Jean Vianney, the patron saint of all priests, also speaks eloquently about the Eucharist and the priesthood when he writes: **"How great is the priest! The priest will only be understood in heaven. Were he understood on earth, people would die, not of fear, but of love."** He also said, **"There is nothing as great as the Eucharist... If God had something more precious, He would have given it to us."** Vianney also said, **"All the good works in the world are not equal to the holy sacrifice of the Mass because they are the works of men, but the Mass is the work of God."**

And although not a saint, there is a tabernacle in a church, in La Crosse, Wisconsin that sums up the Eucharist. Etched right onto the doors of the tabernacle are the words: **"What the world could not contain, love imprisons here."**

Gradual Re-opening of churches

As we gradually re-open our churches, as soon as Stage One of the provincial plan for the re-opening of churches takes place, we will be able to celebrate Mass with different options. Weekday Masses will continue to be celebrated in the church with a maximum of 10 people. However, we have exciting news about the celebration of Mass for the Saturday Vigil in anticipation of Sunday and the Sunday morning Mass. We have been given permission from His Excellency, Bishop Crosby to celebrate Mass outdoors and therefore, potentially on the weekend of June 19/20, 2021, we may be able to gather, in person, as a parish community to celebrate Mass.

As we prepare for this possibility, here is some more great news! During this time of pandemic shutdown, we were able to initiate and complete some renovations. As mentioned in a previous bulletin, we completed the chapel renovation, and now also, we have completed a renovation to the flooring in the Narthex. Hopefully, this new flooring will bring beauty and create a nice ambiance to this space, especially as we set up the altar in the Narthex for the celebration of Mass outdoors.

Renovations of the church vestibule



