

# St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate  
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525  
E-mail: [st.teresa@stteresakit.ca](mailto:st.teresa@stteresakit.ca) [www.stteresakit.ca](http://www.stteresakit.ca)

Sixteenth Sunday in Ordinary Time

July 18, 2021

## St. Teresa of Avila

“To have courage for whatever comes in life - everything lies in that.”



## Parish Staff & Organizations

**Pastor:** Fr. Marian Gil, OMI  
**Parish Secretary:** Mary Steffler  
**Business Administrator:** David Agnew  
**Facilities Manager:** Jack Pigeau

**Volunteer Gardeners:**  
**Baptism Preparation Team:**  
**CWL President:** Mary Alice Zister  
**Lector Co-ordinator:** Mary Alice Zister  
**Eucharistic Minister Co-ordinator:**

Kim Voelzing

### Prayer Group:

Mila Navaleza - 519-574-8534 or  
519-900-0250

### Finance Council Chair:

Don Pickett, Jr.

### Pastoral Council Chair:

Barbara Daly

### St. Vincent de Paul:

Bernie & Rosemary Pickett  
519-749-1501

### St. Teresa School

Principal: Mr. Brian Goodyear  
Secretary: Mary Lavigne  
519-743-2131

### Parish Office Hours

Monday - Friday  
9:00 a.m. – 12:00 p.m.  
1:00 p.m. – 3:00 p.m.

**Wednesday – Office Closed**

### Saturday Liturgy:

9:00 a.m. (except in August) 10:00 a.m.  
5:00 p.m.

**Confession:** 30 min. before Mass; Sat., 4:15 – 4:45 p.m.

### Weekday Schedule

Please check inside for  
weekly schedule

### Sunday Liturgy:

**Healing Mass:** First Friday of each month  
(September – June) – 7:00 p.m.

**Prayer Meeting:** Temporarily suspended

**16<sup>th</sup> Sunday in Ordinary Time**

*The apostles gathered together with Jesus and reported all they had done and taught.*

*He said to them,*

*“Come away by yourselves to a deserted place and rest a while.”*

In today’s Gospel (Mk 6:30-34), we read the report of the return of the Twelve, who were sent by Jesus to preach repentance, heal the sick, and drive out demons. When the Twelve return to Jesus, He invites them to come away from the crowds and rest. But the crowds will not give them peace. As the Twelve have shared in Jesus’ ministry, they now appear to share in His popularity.

The crowds continue to approach them, and Mark reports that the disciples don’t even have time to eat. In an effort to get away, Jesus and His disciples board a boat in hopes of finding a deserted place. But the crowds notice this and arrive ahead of them. The crowds are so persistent that Jesus and His disciples cannot find a place to be alone. Mark’s Gospel tells us that Jesus is moved with pity and begins to teach the crowds. **In today’s Gospel, we hear Jesus affirm the importance of times of rest and renewal.** Jesus wanted His disciples to come away and spend time alone with Him. This is what we seek and find in our life of prayer and in our celebration of the Eucharist.

**17<sup>th</sup> Sunday in Ordinary Time*****World Day of Grandparents and the Elderly***

*Andrew, the brother of Simon Peter, said to Him,*

*“There is a boy here who has five barley loaves and two fish; but what good are these for so many?”*

In John’s Gospel (J 6:1-15), Jesus’ multiplication of the loaves and the fishes is presented as a sign of His authority and divinity. Jesus interprets the meaning and significance of this miracle as a sharing of His Body and Blood. John’s Gospel notes the detail that the bread blessed and shared with the crowd are barley loaves. This is the food of the poor. It reminds us that God feeds and nourishes us, fulfilling our physical needs as well as our spiritual ones. In the Eucharist, we are sent to serve the poorest among us.

The story of the multiplication of the loaves and the fishes recalls a particular aspect of the Mass. In this miracle, Jesus transforms a young boy’s offering of five barley loaves and two fish. In the offertory at Mass, we present the fruits of our labors, represented by bread and wine. These gifts, given to us first by God as grain and fruit, are returned to God in our offering of thanksgiving. **God in turn transforms our gifts, making this bread and wine the very Body and Blood of Jesus.** We also offer ourselves in this exchange, and we, too, are transformed by the Eucharist.

Diocese of Hamilton  
Prayer Calendar 2021

July 19 – Rev. David Lewis  
July 20 – Rev. Andrew Czarny  
July 21 – Pallotine Fathers (S.A.C.)  
July 22 – Rev. Gary Schlack  
July 23 – Rev. Edward Hinsperger  
July 24 – Rev. Peter Tuyen Nguyen  
July 25 – Seventeenth Sunday in Ordinary Time

July 26 – Rev. Malcolm Katzenberger  
July 27 – Rev. Robert Love  
July 28 – Institute of Kkottongnae Sisters of Jesus  
July 29 – Rev. Ross Campbell  
July 30 – Rev. Luc Payette  
July 31 – Rev. Gordian Okpuruka  
August 1 – Eighteenth Sunday in Ordinary Time

**Vocations****Sixteenth Sunday in Ordinary Time  
July 18, 2021**

When the apostles were trying to reflect on their ministry, Jesus asked them to “Come away to a deserted place all by yourselves and rest a while.” Listening to God in quiet prayer is very important in vocation discernment. Listen to God’s voice in an out of the way place.

**Seventeenth Sunday in Ordinary  
Time July 25, 2021**

In the Gospel many people hunger for a small amount of food. In our day, there are too many people for the small number of priests, sisters, brothers and deacons. We too must trust in the Lord by praying for vocations.

If you feel God is calling you to be a priest, religious, or permanent deacon, call Most Reverend Wayne Lobsinger, VG, EV, Auxiliary Bishop & Vocations Director, Diocese of Hamilton at (905) 528-7988 x2222.

[vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)  
<https://hamiltondiocese.com/vocations/>

**Church is Open for Prayer** – You are invited to visit Jesus, in the Most Blessed Sacrament, Monday to Friday, 9 a.m. to 8 p.m. The Adoration Chapel remains closed, but the church is open. Take advantage of this wonderful opportunity to come and spend some time with the Lord! Jesus is waiting for you!

**Mass Registration** – At the present time, we ask and encourage parishioners to register in advance of coming to Mass. This will help us to have a better idea of the numbers of people attending the Saturday Vigil and Sunday Masses. Please click on the following link to register. Thank you.

[http://stteresakit.ca/?page\\_id=2193](http://stteresakit.ca/?page_id=2193)

**Masks and Safety Protocols** – Responding to the needs and concerns of parishioners and following the instructions from the diocese, we have decided to assign the first pew on the left side of the church for those, who for medical reasons, are unable to wear masks. We encourage all parishioners to follow the protocols so that everyone feels welcome and safe at our church.

### Mass Intentions July 19, 2021 – July 25, 2021

Tuesday, July 20, 2021 – 7:00 p.m.

#### Group Mass Intentions

+ **Howard Kavelman** – *Hugh & Kitty & Family*

Wednesday, July 21, 2021 – 8:30 a.m.

**Birthday blessings for Kate-Lyn Skinner** –  
*Grampy*

Thursday, July 22, 2021 – 8:30 a.m.

**Feast of Saint Mary Magdalene**

**Birthday blessings for Raf & Anthony and  
repose of the souls of + Florencia & + Roque** –  
*Montalban Family*

Friday, July 23, 2021 – 8:30 a.m.

**Intentions of Mark & David** – *Mom*

Saturday, July 24, 2021 –

**9:00 a.m.** – + **Brian Sauder** – *CWL*

**5:00 p.m.** – + **Leona Grobe** – *Peter Grobe*

Sunday, July 25, 2021 – 10:00 a.m. – **Seventeenth  
Sunday in Ordinary Time** – Year B – *World Day  
of Grandparents and the Elderly* – Parishioners of  
St. Teresa Parish

### Mass Intentions July 26, 2021 – August 1, 2021

Tuesday, July 27, 2021 – 7:00 p.m.

**Intentions of Dan & Pat Weiler** – *Bill &  
Mary Alice Zister & Family*

Wednesday, July 28, 2021 – 8:30 a.m.

+ **Joe Zister** – *Bill & Mary Alice Zister*

Thursday, July 29, 2021 – 8:30 a.m.

**Memorial of Saint Martha**

+ **Leon & + Genowefa Ziolkowski** – *Daughter*

Friday, July 30, 2021 – 8:30 a.m.

**Intentions of Roland & Sandy Levesque** – *Ken &  
Betty*

Saturday, July 31, 2021 –

**Memorial of Saint Ignatius of Loyola, Priest**

**9:00 a.m.** – + **Howard Kavelman** – *Joan Airdrie*

**5:00 p.m.** – + **Larry Wismer** – *Joan Wismer*

Sunday, August 1, 2021 – 10:00 a.m. –

**Eighteenth Sunday in Ordinary Time** – Year B –  
Parishioners of St. Teresa Parish

### Live-streaming on Zoom

The **10 a.m. Sunday Mass** will be live-streamed.

To join Father, click on the following link:

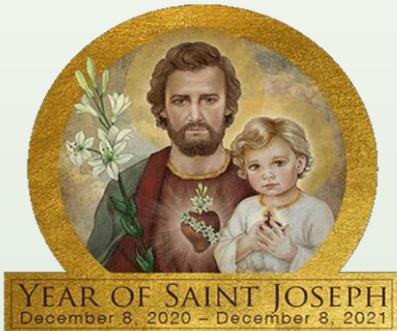
<https://zoom.us/j/5887658626> **Password:**

### Daily Readings:

Lectors may find daily readings at this link:

<https://readings.livingwithchrist.ca>

Prayer to St. Joseph



Remember, O St. Joseph,  
 loving and powerful protector,  
 that according to the testimony  
 of your faithful servant,  
 great St. Teresa,  
 no one who is truly  
 devoted to you  
 has seen his petition rejected.  
 Filled with confidence and hope  
 I come to you, worthy spouse  
 of Mary Immaculate.  
 Do not close your ears  
 to my prayer,  
 you who have the glorious title  
 of father of Jesus,  
 but graciously hear  
 and intercede for me.

Amen.

**Stewardship Report  
 July 4, 2021**

Envelopes .....	\$2027.00
Loose .....	\$ 93.70
Building Fund .....	\$ 30.00
Insurance Offering .....	\$ 5.00
Pope's Pastoral Works .....	\$ 5.00

**Stewardship Report  
 July 11, 2021**

Envelopes .....	\$2310.00
Loose .....	\$ 8.00
Building Fund .....	\$ 735.00
Insurance Offering .....	\$ 50.00
Needs of Canadian Church ..	\$ 5.00

**Stewardship Report**

It is a wonderful blessing to once again gather as a parish community, in the church, albeit at a reduced capacity. We would ask you to continue to keep our parish in your prayers and prayerfully consider continuing your donations. Thank you to those who continue to remember the parish through financial donations - We appreciate your continued support!

**Pre-Authorized Giving**

Pre-Authorized Giving is now available for our parishioners. A digital copy of the form may be found on our website. Simply print the form and complete it. For those unable to print the digital copy, please contact the Parish Office. Completed forms can be returned to the Parish Office via the slot in the Parish Office door or can be mailed to: St Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8

**E-Transfer**

**Exciting news** – We are now able to provide E-Transfer to our parishioners. For E-Transfers, please use the following email account: [stteresakitchener@hamiltondiocese.com](mailto:stteresakitchener@hamiltondiocese.com)

**CanadaHelps**

To support our parish via **credit card** or **PayPal** please visit [canadahelps.org](http://canadahelps.org) You can access our parish directly by following this link:

<https://www.canadahelps.org/en/charities/119110450RR0053-st-teresas-parish/>

For those who do not get the bulletin electronically, go to [canadahelps.org](http://canadahelps.org) and then follow the instructions below:

Once you are on the homepage, you can access St. Teresa of Avila Parish by going to the Donate tab and clicking on Find a Charity. Click on the blue box that says Pick a category that is close to your heart. Now click on religion. Once you have done this you will have another tab appear that says All Locations. Click on this tab and change region to Ontario and city to Kitchener. You will now be able to scroll down until you find **STTERESAS** (Kitchener, ON appears below). Click on this link and you can then proceed with your donation.

Please note that donations made through the CanadaHelps website, will receive a tax receipt directly from CanadaHelps, via email.

You may also **send a gift directly** to our parish through the mail: **St. Teresa of Avila Parish, 44 Leonard St., Kitchener, ON N2H 6C8** or you may drop off **cash or cheque**, securely, at the Parish Office, through the mail slot in the wooden door, behind the white storm door. Please be sure to include your name, address and phone number or use your donation envelope.

**Continuing support of our parish is an act of generosity and faith. We are very grateful for any contributions you may be able to make at this time.**

### Parish Office – Important Up-dated Information

Our Parish Office is open Mon., Tues., Thurs. and Fri. from 9 a.m. – 3 p.m. As parish offices reopen, protocols have been established by the Diocese of Hamilton to do this safely. At this time, admittance to the parish office is by appointment only and you are required to wear a mask. Please call or email the parish office at 519-743-4525 or [st.teresa@stteresakit.ca](mailto:st.teresa@stteresakit.ca) to make an appointment, if you need any assistance. **In the absence of our parish secretary the week of July 18 – July 24, 2021, please call, in advance, to request any services.**

**Mass Intentions for 2021** – The offering of Mass for the deceased, the sick, a personal intention, in thanksgiving, a special intention such as an anniversary, birthday, etc. is an act of deep faith and a most excellent way of remembering a loved one. Please call the parish office if you would like to request a Mass.

**Saturday Morning Masses during August** – During the month of August, there will be no Saturday morning 9 a.m. Masses. Saturday morning Masses will resume in September.

### Pastoral Care of the Sick

If a loved one or family member is seriously sick, please do not hesitate to contact the parish office early, so that the sick person is able to make a good Confession and receive the sacraments while he/she is fully aware. Thank you for your assistance in ensuring we provide good pastoral care to your family and loved ones.

**Parish Bulletins** – During July and August, the Parish Bulletin will be published bi-weekly.

**Parish Records** – We would be most grateful if you could notify the office of any changes you have experienced, most especially any changes to your address, phone number and email. Thank you for your assistance in this matter.

## Stage 3 Reopening of Parishes

As announced by Premier Ford, we have moved into Stage 3 of the Reopening Plan as of July 16, 2021. As such, you will notice that there will be some changes when you arrive for Mass this weekend. Some practices, however will not change.

In Stage 3, we continue to follow the guidelines of the Province of Ontario and the Diocese of Hamilton and ask that you please review the following so that you know what is expected and what to expect when coming to Mass:

- ❖ One-way movement for church entry and exit is retained.
- ❖ All who participate in the liturgy are to sanitize their hands before entering the church, wear masks for the duration of the celebration and maintain physical distancing.
- ❖ Priests and Extraordinary Ministers of Communion must wear masks for the distribution of Communion.
- ❖ Music leadership is restricted to an instrumentalist and cantor only. No hymnals will be in the pews.
- ❖ The collection is to be received at the doors of the church; not during the Offertory.
- ❖ The dispensation from the Sunday Obligation remains in effect at this time.

The following liturgical practices are now permitted:

- ❖ We may now re-introduce or increase the number of liturgical ministers: Lectors, Extraordinary Ministers of Holy Communion as needed, Altar Servers.
- ❖ Resume the dialogue with individual communicants as they approach the minister for Communion (The Body of Christ/Amen).
- ❖ Following consultation with medical advisors, reception of Holy Communion on the tongue is now permitted. However, those who wish to receive the Eucharist in this manner are to do so after all others have received Communion in the hand and are to receive Communion from the Priest. We are reminded that the normative posture for receiving Communion in Canada is standing.

As printed bulletins are not permitted at this time, we will continue to publish the bulletin online and encourage you to check it for any further updates.

## World Day of Grandparents and the Elderly

Pope Francis announced the establishment of a World Day of Grandparents and the Elderly at his Sunday Angelus in January of this year. The chosen day for the yearly celebration is the fourth Sunday of July, since it coincides with the feast of Sts. Joachim and Anne, Jesus' grandparents.

During his presentation, Pope Francis reminded us about grandparents: "Their voice is precious because it sings the praises of God and safeguards the roots of peoples. They remind us that old age is a gift and that grandparents are the link between generations, passing on the experience of life and faith to the young. Grandparents are often forgotten and we forget this wealth of preserving roots and passing on."

This year, the first World Day celebration will take place on Sunday, July 25 and the chosen theme is, "I am with you always".

### WORLD DAY FOR GRANDPARENTS AND THE ELDERLY



**SUNDAY 25 JULY 2021**  
**THEME: "I AM WITH YOU ALWAYS"**  
**(MT 20:28)**



### WORDS FROM POPE FRANCIS

**"It's brutal to see how the elderly are thrown away, it is a brutal thing, it is a sin! No one dares to say it openly, but it's done! There is something vile in this adherence to the throw-away culture."**

*General Audience, 4 March 2015*

**"The future - and this is not an exaggeration - will be in the dialogue between young and old. If grandparents do not dialogue with grandchildren, there will be no future."**

*To the members of the Italian National Association of Senior Workers, 16 December 2019*

## PASTORAL GUIDELINES

The decision to hold a World Day for Grandparents and Older People has come at a time marked by a pandemic and by the suffering of our older generations in recent months in every part of the world. Reports of elderly people having to die alone and then not even being given a funeral, have been a cause of deep pain to the Church. It is one of the crosses of our time that was rightly brought to mind during the Way of the Cross with the Pope on Good Friday this year: "People jumped out of the ambulance dressed like astronauts, wearing protective suits, gloves, masks and face shields. They took away my grandfather who had been having difficulty breathing. That was the last time that I saw my grandfather. He died a few days later in hospital. I think of how lonely he must have felt. I could not be near him physically to say goodbye and to comfort him".

To be unable to be close to those who suffer is at odds with a Christian's calling to show compassion. This World Day is an opportunity to reaffirm that the Church can never remain distant from those who carry a cross. The theme chosen by the Holy Father, "I am with you always", expresses clearly that, during the pandemic and in the better times that will hopefully follow, every ecclesial community wishes to be with the elderly always.

## VISITING GRANDPARENTS AND OLDER PEOPLE WHO ARE ALONE

The first World Day for Grandparents and the Elderly will be celebrated in circumstances in which it will still not be possible in many countries for the elderly to physically attend Mass. In order for the message of closeness and consolation to reach everyone on this World Day – even those who are most isolated we ask people to visit their grandparents and the elderly living alone in their community and to give them the Holy Father's message.

A visit is a tangible sign of a Church of outreach. At a time of social distancing because of the pandemic, a visit shows that there is a way of being close to older people while still observing safety measures. A visit is a personal choice to arise and go in haste to others (cf. Lk 1:39), just as Mary did when she visited her elderly cousin Elizabeth. A visit is an opportunity for a grandchild to say to his or her grandparent and for a young person to say to an elderly person they are visiting, "I am with you always".

A visit can be an opportunity to bring a gift, such as a flower, and to read the World Day prayer together. A visit can also be an occasion to offer the elderly, especially those who have not left their homes for a long time, an opportunity to receive the sacraments of reconciliation and the Eucharist. A visit to an older person living alone is one of the ways of obtaining a Plenary Indulgence granted on the occasion of this World Day.

## WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

SUNDAY 25 JULY 2021

THEME: I AM WITH YOU ALWAYS  
(MT 28:20)



**Grandparents  
are a treasure  
in the family.  
Please, take care  
of your grandparents:  
love them!  
- POPE FRANCIS**





## WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

SUNDAY 25 JULY 2021

THEME: "I AM WITH YOU ALWAYS"  
(MT 28:20)



### PLENARY INDULGENCE

On 13 May, the Apostolic Penitentiary promulgated a Decree granting a Plenary Indulgence on the occasion of the World Day for Grandparents and the Elderly.

- The elderly can obtain an Indulgence by participating in one of the Masses celebrated on the occasion of this World Day.
- In view of the continuing health emergency and the fact that some elderly people are unable to attend Mass in person for health reasons, the Indulgence is extended to those who participate via television, radio or the internet.
- The Indulgence is also granted to all those who perform a 'work of mercy' on this World Day by visiting an elderly person who is alone.
- In places where visiting in person is expressly forbidden by the public authorities in order to avoid contagion, it is also possible to obtain the Indulgence through a virtual meeting.

For the message of His Holiness Pope Francis for the **First World Day for Grandparents and the Elderly** please follow this link:

<https://www.vatican.va/content/francesco/en/events/event.dir.html/content/vaticanevents/en/2021/6/22/messaggio-giornata-nnonni.html>