

St. Teresa of Avila Parish

Missionary Oblates of Mary Immaculate
44 Leonard St., Kitchener, Ontario, N2H 6C8 Phone: 519-743-4525
E-mail: st.teresa@stteresakit.ca www.stteresakit.ca

St. Teresa of Ávila

“To have courage for whatever comes in life - everything lies in that.”



Parish Staff & Organizations

Pastor: Fr. Marian Gil, OMI

Deacon: Rev. Mr. Taek Jong (TJ)
Maximus Han

Parish Secretary: Mary Steffler

Business Administrator: David Agnew

Custodian: Scott Piggott

Baptism Preparation Team:

CWL President:

Lector Co-ordinator: Mary Steffler

Eucharistic Minister Co-ordinator:
Kim Voelzing

Adoration Chapel Co-ordinator:
Elizabeth Heydel- Quintanilla –
519-590-5348

Secondary Chapel Co-ordinators:
Herb Altman – 519-893-4793

Rosemary Mussar – 519-743-5656

Prayer Group:

Magie Navaleza – 519-588-8668

Finance Council Chair:

Don Pickett, Jr.

Pastoral Council Chair:

Barbara Daly

St. Vincent de Paul:

Bernie & Rosemary Pickett
519-749-1501

St. Teresa School

Principal: Mr. Chris Luciani
Secretary: Connie Rawski
519-743-2131

Parish Office Hours

Monday - Friday
9:00 a.m. – 12:00 p.m.
1:00 p.m. – 3:00 p.m.

Wednesday – Office Closed

Saturday Liturgy:

9:00 a.m. (except in August)
5:00 p.m.

Confession: 30 min. before Mass; Sat., 4:15 – 4:45 p.m.
No Sunday Confession

Healing Mass: First Friday of each month
(September – June) – 7:00 p.m.

Prayer Meeting: Temporarily suspended

Weekday Schedule

Please check inside for
weekly schedule

Sunday Liturgy:

10:00 a.m.

Seventh Sunday in Ordinary Time

The Gospel reading is from Matthew 5:38-48. This is a continuation of the great Sermon on the Mount. The entire Sermon on the Mount (Mt: 5, 6 & 7) might be considered a “blueprint” or “instruction manual” for “How to Be Happy in This World.” However, it is not easy; but then, what good things in this life are “easy”? Jesus begins by explaining to the people of His time and culture that the Mosaic Law permitted punishment, but only to the extent of the original injury; and no further. However, now He wants us to go the “extra mile” and “turn the other cheek.” Well, not exactly! What He is saying is “Treat your enemies as you would want to be treated under the same conditions.” In other words, “Love your enemies, your neighbours, your wayward child, or relative, as yourself” in the biblical sense or meaning of LOVE and that will be sufficient. We must, if we are truly Christian, forgive those who offend or injure us. Charity begins at home, because it is here that it can and should be learned and practiced. No two persons in the world, not even identical twins, can agree on all things, so it is vain and unrealistic to expect even one’s married partner to agree with one in all points. Christian charity alone can cover the multitude of faults of both partners.

How the Lenten Season Is Observed - The Lenten season is a time when many Christians observe a period of fasting, repentance, moderation, self-denial and spiritual discipline. The purpose is to set aside time for reflection on Jesus Christ—His suffering and His sacrifice, His life, death, burial, and resurrection.

The Significance of the 40 Days period of Lent (Technically 46, as Sundays are not included in the count) is based on two episodes of spiritual testing in the Bible: the 40 years of wilderness wanderings by the Israelites after the Exodus from Egypt (Numbers 33:38 and Deuteronomy 1:3) and the Temptation of Jesus after He spent 40 days fasting in the wilderness (Mt 4:1-11; Mk 1:12-13; Luke 4:1-13).

Ash Wednesday – February 22nd. The Church emphasizes the penitential nature of Ash Wednesday by calling us to fast and abstain from meat. Catholics who are over the age of 18 and under the age of 60 are required to fast, which means that they can eat only one complete meal and two smaller ones during the day, with no food in between. Catholics who are over the age of 14 are required to refrain from eating any meat on Ash Wednesday.

The Distribution of Ashes - During Mass, the ashes which give Ash Wednesday its name are distributed. The ashes are made by burning the blessed palms that were distributed the previous year on Palm Sunday. After the priest blesses the ashes the faithful come forward to receive them. The priest dips his right thumb in the ashes making the Sign of the Cross on each person's forehead, saying, "**Repent and believe in the Gospel**".

Mass Intentions
February 20, 2023 – February 26, 2023

Tuesday, February 21, 2023 – 7:00 p.m.
Group Intentions Mass
+ Julia Micko – *Chris Hennebry & Family*
+ Barbara Fabina – *Josip & Lily Fabina*

Wednesday, February 22, 2023 – 7:00 p.m.
Ash Wednesday
+ Parishioners of St. Teresa Parish

Thursday, February 23, 2023 – 8:30 a.m.
+ Lennie Hoffarth – *Ken Skinner*

Friday, February 24, 2023 –
8:30 a.m. – + Odessa Barrett – *Bill Barrett*
7:00 p.m. – *Stations of the Cross*

Saturday, February 25, 2023 –
9:00 a.m. – + Brian Correia – *Estella*
5:00 p.m. – + Odessa Barrett – *Bill Barrett*

Sunday, February 26, 2023 – 10:00 a.m.
First Sunday of Lent – Year A
– Parishioners of St. Teresa Parish

Following the Diocesan Initiative to “Come Home for Christmas” we have suspended live-streaming from our church at this time.

Stewardship Report – February 12, 2023

Envelopes	\$ 2304.85
Votive Candles	\$ 49.95
Building Fund	\$ 40.00
Building Fund – In Mem - L. O’Donnell	\$ 20.00
Seminary Education	\$ 140.00

We are most appreciative of your ongoing prayerful and financial support.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving and Interac e-Transfer. Interac e-Transfers can be made using the following email account: stteresakitchener@hamiltondiocese.com

Vocations

“Be perfect, therefore, as your heavenly Father is perfect.” Do you feel called to help people get closer to God? If you think God is calling you to be a priest, deacon, brother or sister or consecrated virgin, contact:

Fr. Mark Morley, Director of Vocations
(905-528-7988); vocations@hamiltondiocese.com
OR
Missionary Oblates of Mary Immaculate Vocation Office
71 Indian Trail, Toronto, ON M6R 2A1
vocations@omiap.org

When the devil reminds you of your past, remind him of his future.
St. Teresa of Ávila

PARISH ANNOUNCEMENTS

Preparing For Confirmation & First Communion & Reconciliation

First Reconciliation and First Communion –

February 23, 2023 at 7:00 p.m. – Catechetical Session 3: “*Discovering the gift of the Eucharist*” – Part II (parents & candidates)

Building Fund Collection – The second collection for the Building Fund, will take place next weekend, February 25th/26th.

Income Tax Receipts for 2022 are available at the back of the church. We would like to thank you for your generosity and continued support of our parish.

Stations of the Cross at St. Teresa Parish - We would like to invite all parish organizations, especially First Communion and Confirmation students to lead the Stations of the Cross during our Lenten season on **Friday at 7 p.m. beginning February 24th**. Please contact the parish office to let us know which Friday your group would like to lead.

The Saint Teresa Conference of the Society of Saint Vincent de Paul would like to thank our parish for the continued financial support in 2022. Tax receipts have been mailed. If you do not receive a tax receipt or the amount is incorrect, please **DO NOT** contact the Parish Office. Instead contact Bernie Pickett by email at stteresasvdp@gmail.com or by phone at 519-745-6334.

We will be announcing a change to our conference mission in the upcoming weeks and we will be looking for new members as well.

Thank you again for your financial and prayerful support! Rosemary and Bernie Pickett, Co-presidents of the Saint Teresa Conference of the Society of Saint Vincent de Paul

Family Day

The Parish Office will be closed on Monday, February 20, 2023 to observe Family Day and reopen on Tuesday, February 21, 2023 at 9:00 a.m.

Happy Family Day Weekend!

Women’s Inter-Church Council of Canada World Day of Prayer 2023 – Theme: I Have Heard About Your Faith prepared by the women of Taiwan.

1.) St. Andrew’s Presbyterian Church - Zoom at 7:00 p.m. Email St. Andrews at office.coordinator@standrewskw.com before March 2 for Zoom link.

2.) St George’s of Forest Hill Anglican Church–Fri., March 3rd at 10 a.m., 321 Fischer-Hallman Road, in-person service.

3.) Rogers Cable on March 3 – check program guide. All donations this year should be made to WICC at their website or mailed to: Women’s Inter-Church Council of Canada, 47 Queen’s Park Cres. E., Toronto, ON M5S 2C3

Diocese of Hamilton Prayer Calendar

February 20 – Rev. James Link, C.R.
February 21 – Rev. David Mowat, C.R.
February 22 – **Ash Wednesday**
February 23 – Rev. Harry Reitzel, C.R.
February 24 – Rev. Raymond Reitzel, C.R.
February 25 – Rev. Florian Stasinski, C.R.
February 26 – **First Sunday of Lent**



DIOCESE OF HAMILTON

Join the **Reel Justice Film Festival February 23, 2023, 7:00 PM – 9:00 PM** for a film screening featuring two short films that highlight challenges and approaches to affordable housing. *A Better Tent City and Safe*. Special discussion following the screening with **Fr. Toby Collins, C.R., Pastor at St. Mary, Kitchener** speaking about his work and ministry with **Tiny Homes and A Better Tent City**, as well as with **Jess Brand, Indwell regional manager for Hamilton** discussing the community engagement, programs, and initiatives offered through Indwell to provide supportive affordable housing. **The screening and discussion will be hosted online. R.S.V.P. and view our full schedule of events at:**
reeljusticefilmfestival.wordpress.com/

Turkey & Syria Relief

Those wishing to support the relief effort are encouraged to contribute to one of the following Catholic entities currently mounting humanitarian responses on the ground.

CNEWA: Catholic Near East Welfare Association (CNEWA) has been a lifeline for the poor throughout the Middle East, Northeast Africa, India and Eastern Europe for 90 years. They are currently serving 2,000 families specifically in Syria seeking emergency shelter.

<https://cnewa.org/ca/work/emergency-syria/>

Caritas International: The International Caritas team is rallying to support Caritas Turkey whose facilities, staff and volunteers have all been impacted by the earthquake. Caritas Turkey has begun working with local authorities to raise shelters, medical supplies and communication pathways between survivors and support services.

<https://www.caritas.org/>

Catholic Relief Services: CRS is partnering with Caritas Turkey, Caritas Syria and Caritas Anatolia, all hardest hit by the earthquake. [Earthquakes rock Turkey and Syria | Catholic Relief Services \(crs.org\)](https://www.catholicreliefservices.org/)

ACN: Aid to the Church in Need, like CNEWA is serving impacted Christian communities specifically in Syria:

<https://acn-canada.square.site/>

No special collection will be taken up in the Diocese at this time, but let us continue to pray for the suffering communities in Turkey and Syria and to commend the dead to God’s mercy.