

Series – Catechism of the Catholic Church

Chapter 2: V. Sacred Scripture in the Life of the Church

131 "and such is the force and power of the Word of God that it can serve the Church as her support and vigour, and the children of the Church as strength for their faith, food for the soul, and a pure and lasting fount of spiritual life."¹⁰⁹ Hence "access to Sacred Scripture ought to be open wide to the Christian faithful."¹¹⁰

132 "Therefore, the study of the sacred page should be the very soul of sacred theology. the ministry of the Word, too - pastoral preaching, catechetics and all forms of Christian instruction, among which the liturgical homily should hold pride of place - is healthily nourished and thrives in holiness through the Word of Scripture."¹¹¹

133 The Church "forcefully and specifically exhorts all the Christian faithful... to learn the surpassing knowledge of Jesus Christ, by frequent reading of the divine Scriptures. Ignorance of the Scriptures is ignorance of Christ."¹¹²

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions February 3, 2025 – February 9, 2025
Tuesday, February 4, 2025 – 7:00 p.m.
Wednesday, February 5, 2025 – 7:00 p.m. + Delmar Ferreira – Citelia Ferreira
Thursday, February 6, 2025 – 8:30 a.m. Jennifer Ferreira – Citelia Ferreira
Friday, February 7, 2024 – 7:00 p.m.
Saturday, February 8, 2025 9:00 a.m. 5:00 p.m. – + Leona & Sheldon Grobe – Peter Grobe
Sunday, February 9, 2025 – 10:00 a.m. Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar
February 3 – Rev. James Petrie
February 4 – Rev. Charles Galea
February 5 – Hospitaller Order of St. John of God, O.H.
February 6 – Parents & Guardians
February 7 – Rev. Pablito Labado
February 8 – Rev. William Meehan
February 9 – Fifth Sunday of Ordinary Time

Stewardship Report – January 26th, 2025	
Sunday Offerings	\$ 2,000.00
Initial Offerings.....	\$ 10.00
Building & Maintenance.....	\$ 640.20
Votives	\$ 49.00
Calendar Sales.....	\$ 20.00
Flowers.....	\$ 60.00

We are most appreciative of your ongoing prayerful and financial support for our parish, St. Teresa of Avila, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Baptism
On Sunday, February 2 nd at 11:30 a.m., through the Sacrament of Baptism, we welcome: Joy Rivers, daughter of Madeline and Josh Rivers Congratulations on your baptism, Joy!

Office Hours – February 4th
Please note that the office will close early at 3:00 p.m. on Tuesday, February 4th. Regular office hours will resume on Thursday, February 6th.

Notice – Change to Weekday Mass Time
Effective February 5th, 2025, our Wednesday weekday Masses will be **permanently moved from 8:30 a.m. to 7:00 p.m.** Prior to the Mass, there will be a weekly Holy Hour beginning at 6:00 p.m. in the church.

First Friday Mass
Our First Friday Mass will take place on February 7th at 7:00 p.m. Adoration will start at 6:00 p.m. in the church. Please note that there will be no 8:30 a.m. Mass that day.

Coffee Sunday
Join us on Sunday, February 9th after the 10:00 a.m. Mass for coffee and treats in the parish hall. Donations are appreciated to help support our parish social activities!

Go to Joseph Men’s Group
Go to Joseph will have their second meeting on Saturday, February 8th after the 5:00 p.m. Mass. All men aged 30 and up are welcome to join to build brotherhood and fatherhood by learning from St. Joseph.

Vatican II and Its Four Constitutions
Join us for a five-week series exploring the constitutions of the Second Vatican Council and their impact on the Church today. This series will begin in on Friday, February 14th at 7:00 p.m. in the parish hall. All participants will receive a study guide and access to all videos and supplementary materials. If you are interested in joining, please write your name on the sign-up sheet in the Narthex.

Diocese Announcements

Christian Life Program
You are invited to a nine-week Christian Life Program sponsored by Couples for Christ and its Family ministries at St. John's Roman Catholic Church Hall, 85 Strange St. Kitchener. Thursdays Feb.6th to April 3rd inclusive. Dinner 6pm, program 7pm to 9pm. Opened to Christian married couples, single women and men, widows and widowers and those separated or divorced. At the same time, we offer a Children's program for those 12 years and under. There is no fee. Be enriched by talks like God's Love, Repentance and Faith, Transformation in Christ. To register or for more information, please contact Len/Marie Solomon (519) 744-5198.

Alpha 2025 - St. Mark's Parish
55 Driftwood Drive, Kitchener
Thursday evenings, Feb. 20 to May 1, 6:30 to 9:15
Alpha is an 11-week program that brings adults together for conversations about life, faith and Jesus. It’s an opportunity to explore the Christian faith in a relaxed setting. We start each session with a delicious home-made meal. After dinner, we watch a video and then break into small groups to ask questions, share thoughts and explore answers. All are welcome! For more information or to sign up, please contact Ron Denomme at stmarkalpha@gmail.com or 226-748-3210.

Parenting Tip of the Month
Family love is one of the most complex loves to navigate. Siblings often love each other but also know clearly all the buttons to push to make other members

react negatively. Children challenge parents as they age, generally trying to define and discover whom they are as an individual, and sometimes personalities just clash. These are hard moments, so work to stay connected with good moments that bring you together. Nature walks, movie nights, game nights, and brunch following Mass on the weekend – any actions that will remind everyone that family is our greatest support. Putting in the effort to plan fun moments will have lifetime benefits to all members of the family!
(From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

Marriage Tip of the Month
February is known as the month of love, but love needs to be part of our thinking 24/7! Love is an action word, so take some time to reflect on your contribution to your married relationship. Do you use kind words, compliment, apologize, when necessary, show love through action in what you do for your spouse, pray for your spouse daily and make the time to be together and share your day? These will all build love and keep it strong.

The Diocesan Wedding Anniversary Mass – Save the Date!
Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? Then you are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 1, 2025**, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration will be available online in January at hamiltondiocese.com.

Wisdom of the Saints
“Every virtue in your soul is a precious ornament which makes you dear to God and to other human beings.” – St. John Bosco
“O God, your overabundance of mercy has led me through many obstacles that I have placed in the way of your love.” – St. Gertrude the Great

Pope Francis’ Prayer Intention February 2025
Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.