

Series – Catechism of the Catholic Church

**Chapter 3: II. "I Know Whom I Have Believed"¹⁶
To believe in God alone**

150 Faith is first of all a personal adherence of man to God. At the same time, and inseparably, it is a free assent to the whole truth that God has revealed. As personal adherence to God and assent to his truth, Christian faith differs from our faith in any human person. It is right and just to entrust oneself wholly to God and to believe absolutely what he says. It would be futile and false to place such faith in a creature.¹⁷ To believe in Jesus Christ, the Son of God

151 For a Christian, believing in God cannot be separated from believing in the One he sent, his "beloved Son", in whom the Father is "well pleased"; God tells us to listen to him.¹⁸ The Lord himself said to his disciples: "Believe in God, believe also in me."¹⁹ We can believe in Jesus Christ because he is himself God, the Word made flesh: "No one has ever seen God; the only Son, who is in the bosom of the Father, he has made him known."²⁰ Because he "has seen the Father", Jesus Christ is the only one who knows him and can reveal him.²¹

To believe in the Holy Spirit

152 One cannot believe in Jesus Christ without sharing in his Spirit. It is the Holy Spirit who reveals to men who Jesus is. For "no one can say "Jesus is Lord", except by the Holy Spirit",²² who "searches everything, even the depths of God. . No one comprehends the thoughts of God, except the Spirit of God."²³ Only God knows God completely: we believe in the Holy Spirit because he is God.

The Church never ceases to proclaim her faith in one only God: Father, Son and Holy Spirit.

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Diocese of Hamilton Prayer Calendar	
February 17 – Rev. Paul Edmondstone	
February 18 – Rev. Fernand Pierre	
February 19 – Discalced Carmelite Sisters, O.C.D.	
February 20 – Rev. Grzegorz Ogorzalek	
February 21 – Rev. Msgr. Edward Sheridan	
February 22 – Very Rev. David Wynen	
February 23 – Seventh Sunday of Ordinary Time	

Mass Intentions February 17, 2025 – February 23, 2025	
Tuesday, February 18, 2025 – 7:00 p.m.	
Wednesday, February 19, 2025 – 7:00 p.m.	
Thursday, February 20, 2025 – 8:30 a.m.	
Friday, February 21, 2025 – 8:30 a.m.	
Saturday, February 22, 2025	
9:00 a.m. – William Barrett Sr. – Bill Barrett	
5:00 p.m. – Intentions of Fatima Pacheco – Fatima Pacheco	
Sunday, February 23, 2025 – 10:00 a.m.	
Parishioners of St. Teresa Parish	

Stewardship Report – February 9 th , 2025	
Sunday Offerings	\$ 1,075.00
Missal Sales.....	\$ 5.00
Building & Maintenance.....	\$ 245.00
Votives	\$ 20.05

We are most appreciative of your ongoing prayerful and financial support for our parish, St. Teresa of Avila, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed, please contact the parish office to arrange with Fr. Stefano.

Children’s Liturgy & Bulletin

We are in need of more volunteers to help run our Children’s Liturgy. If you are interested, please contact the parish office. Moving forward, a children’s bulletin will be available at the back of the church every weekend for families with young children.

Vatican II and Its Four Constitutions

You are invited to join our ongoing five-week series exploring the constitutions of the Second Vatican Council and their impact on the Church today. This series have its second meeting on Friday, February 21st at 7:00 p.m. in the parish hall. All participants receive

a study guide and access to all videos and supplementary materials. If you are interested in joining, please write your name on the sign-up sheet in the Narthex.

Church Bulletin Advertising

Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in May 2025 & supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.

Catholic Women's League Membership

Thank you to all who have paid membership thus far. If you have not paid and would still like to pay your membership for 2025, the fee is \$35.

Diocese Announcements

Alpha 2025 - St. Mark's Parish

55 Driftwood Drive, Kitchener
Thursday evenings, Feb. 20 to May 1, 6:30 to 9:15
Alpha is an 11-week program that brings adults together for conversations about life, faith and Jesus. It’s an opportunity to explore the Christian faith in a relaxed setting. All are welcome! For more information or to sign up, please contact Ron Denomme at stmarkalpha@gmail.com or 226-748-3210.

Parenting Tip of the Month

Family love is one of the most complex loves to navigate. Siblings often love each other but also know clearly all the buttons to push to make other members react negatively. Children challenge parents as they age, generally trying to define and discover whom they are as an individual, and sometimes personalities just clash. These are hard moments, so work to stay connected with good moments that bring you together. Nature walks, movie nights, game nights, and brunch following Mass on the weekend – any actions that will remind everyone that family is our greatest support. Putting in the effort to plan fun moments will have lifetime benefits to all members of the family!

Marriage Tip of the Month

February is known as the month of love, but love needs to be part of our thinking 24/7! Love is an action word, so take some time to reflect on your contribution to your married relationship. Do you use kind words, compliment, apologize, when necessary, show love

through action in what you do for your spouse, pray for your spouse daily and make the time to be together and share your day? These will all build love and keep it strong.

16th Annual Dynamic Women of Faith Conference

This conference will bring together Catholic women to share in hearing informative presentations, enjoy delicious food and fellowship with all those present. The event will be held on Saturday March 22, 2025 from 9:00am-4pm at the Old Mill (includes light lunch) in Toronto. For more information see [Recharge Your Spirit at the Dynamic Women of Faith Conference 2025](#); to register go to [Dynamic Women of Faith Conference 2025](#); to register go to [Dynamic Women of Faith Conference 2025 Tickets, Sat, 22 Mar 2025 at 9:00 AM | Eventbrite](#)

Opening the Holy Door: Spring Book Club

The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, “*Opening the Holy Door.*” Tuesdays from 1:00 – 2:00 p.m. March 18-April 8, 2025. Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter’s Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Registration can be made here: <https://hamiltondiocese.com/events/>

The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? Then you are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 1, 2025**, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is available online at hamiltondiocese.com.

<p>Wisdom of the Saints</p> <p>“From Mary we learn to surrender to God’s will in all things.”</p> <p>– St. John Paul II</p>
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<p>Pope Francis’ Prayer Intention February 2025</p> <p>Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ’s mission in the priesthood and religious life.</p>
