

Series – Catechism of the Catholic Church

Chapter 3, Article 1: III. The Characteristics of Faith (Part 2)

Faith and understanding

156 What moves us to believe is not the fact that revealed truths appear as true and intelligible in the light of our natural reason: we believe "because of the authority of God himself who reveals them, who can neither deceive nor be deceived".²⁸ So "that the submission of our faith might nevertheless be in accordance with reason, God willed that external proofs of his Revelation should be joined to the internal helps of the Holy Spirit."²⁹ Thus the miracles of Christ and the saints, prophecies, the Church's growth and holiness, and her fruitfulness and stability "are the most certain signs of divine Revelation, adapted to the intelligence of all"; they are "motives of credibility" (motiva credibilitatis), which show that the assent of faith is "by no means a blind impulse of the mind".³⁰

157 Faith is certain. It is more certain than all human knowledge because it is founded on the very word of God who cannot lie. To be sure, revealed truths can seem obscure to human reason and experience, but "the certainty that the divine light gives is greater than that which the light of natural reason gives."³¹ "Ten thousand difficulties do not make one doubt."³²

158 "Faith seeks understanding":³³ it is intrinsic to faith that a believer desires to know better the One in whom he has put his faith, and to understand better what He has revealed; a more penetrating knowledge will in turn call forth a greater faith, increasingly set afire by love. the grace of faith opens "the eyes of your hearts"³⁴ to a lively understanding of the contents of Revelation: that is, of the totality of God's plan and the mysteries of faith, of their connection with each other and with Christ, the centre of the revealed mystery. "The same Holy Spirit constantly perfects faith by his gifts, so that Revelation may be more and more profoundly understood."³⁵ In the words of St. Augustine, "I believe, in order to understand; and I understand, the better to believe."³⁶

159 Faith and science: "Though faith is above reason, there can never be any real discrepancy between faith and reason. Since the same God who reveals mysteries and infuses faith has bestowed the light of reason on the human mind, God cannot deny himself, nor can truth ever contradict truth."³⁷ "Consequently, methodical research in all branches of knowledge,

provided it is carried out in a truly scientific manner and does not override moral laws, can never conflict with the faith, because the things of the world and the things of faith derive from the same God. the humble and persevering investigator of the secrets of nature is being led, as it were, by the hand of God in spite of himself, for it is God, the conserver of all things, who made them what they are."³⁸

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions March 3, 2025 – March 9, 2025	
Tuesday, March 4, 2025 – 7:00 p.m.	
Wednesday, March 5, 2025 – 7:00 p.m.	
Thursday, March 6, 2025 – 8:30 a.m.	+Delmar Ferreira – Citelia Ferreira
Friday, March 7, 2024 – 7:00 p.m.	Intentions of Jennifer Ferreira – Citelia Ferreira
Saturday, March 8, 2025 9:00 a.m.	
5:00 p.m. – Intentions of Fatima Pacheco – Fatima Pacheco	
Sunday, March 9, 2025 – 10:00 a.m.	Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar	
March 3 – Rev. Joseph Akanbi	
March 4 – Rev. Charles Jordan	
March 5 – Ash Wednesday	
March 6 – Rev. Lourdy Dorismond, O.M.I.	
March 7 – Parish Staff	World Day of Prayer
March 8 – Rev. Hanh Van Tran, O.M.I.	
March 9 – First Sunday of Lent	

Stewardship Report – February 23 rd , 2025	
Sunday Offerings	\$ 2,275.00
Missal Sales.....	\$ 5.00
Building & Maintenance.....	\$ 863.10
February Coffee Sunday.....	\$ 59.25
Votives.....	\$ 2.00

We are most appreciative of your ongoing prayerful and financial support for our parish, St. Teresa of Avila, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

In Loving Memory

Together, we remember Ken Skinner, beloved member of our parish community. We find solace in knowing he now rests in eternal peace with our Lord. Let us carry his legacy of faith and love in our lives, and may God grant him everlasting joy.

Ash Wednesday School Liturgy

On Wednesday, March 5th, there will be two school liturgies for Ash Wednesday at 9:45 and 11:00 a.m. Parishioners are welcome to join our students at either of these times.

Ash Wednesday Mass

Please note that our Ash Wednesday Mass will take place at 7:00 p.m. on March 5th.

Lenten Friday Mass & Stations of the Cross

During the Lenten season, beginning March 7th, our weekday Friday Mass will take place in the evenings at 7:00 p.m., followed by the Stations of the Cross. Our regular Friday Mass schedule will resume during the Easter season.

Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed, please contact the parish office to arrange with Fr. Stefano.

Children's Liturgy & Bulletin

We are in need of more volunteers to help run our Children's Liturgy. If you are interested, please contact the parish office for information on how to apply. A children's bulletin is now available at the back of the church every weekend for families with young children. Please take a copy for your young ones to share!

Vatican II and Its Four Constitutions

You are invited to join our ongoing five-week series exploring the constitutions of the Second Vatican Council and their impact on the Church today. This series have its fourth meeting on Friday, March 7th at **6:00 p.m.** in the parish hall. All participants receive a study guide and access to all videos and supplementary materials. If you are interested in joining, please write your name on the sign-up sheet in the Narthex.

Church Bulletin Advertising

Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising

will begin in May 2025 & supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.

Diocese Announcements

16th Annual Dynamic Women of Faith Conference

This conference will bring together Catholic women to share in hearing informative presentations, enjoy delicious food and fellowship with all those present. The event will be held on Saturday March 22, 2025 from 9:00am-4pm at the Old Mill (includes light lunch) in Toronto. For more information see [Recharge Your Spirit at the Dynamic Women of Faith Conference 2025](#); to register go to [Dynamic Women of Faith Conference 2025 Tickets, Sat, 22 Mar 2025 at 9:00 AM | Eventbrite](#).

Opening the Holy Door: Spring Book Club

The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, "Opening the Holy Door." Tuesdays from 1:00 – 2:00 p.m. March 18-April 8, 2025. Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter's Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Registration can be made here: <https://hamiltondiocese.com/events/>

The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2025? Then you are cordially invited to join Bishop Crosby and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on **Sunday, June 1, 2025**, at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is available online at hamiltondiocese.com.

Wisdom of the Saints

"Happy are those who concentrate on following the will of God in all their actions."

– St. Jane Frances de Chantal

**Pope Francis' Prayer Intention
March 2025**

For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.