

EST. 1956

**St. Teresa of Avila Kitchener
Diocese of Hamilton**

St. Teresa of Avila Parish

44 Leonard St., Kitchener, Ontario N2H 6C8 519-743-4525
e-mail stteresakitchener@hamiltondiocese.com www.stteresakit.ca

Facebook www.facebook.com/stteresakit

Parish Office Hours	Weekday Liturgy Schedule
Mon, Tues, Thurs & Fri	Tuesday Evening: 7:00 p.m.
9:00 a.m. - 12:00 p.m.	Wednesday Evening: 7:00 p.m.
1:00 p.m. - 5:00 p.m.	Thursday & Friday Mornings: 8:30 a.m.
	Saturday Morning: 9:00 a.m. (excluding August)
	<i>Please check inside for schedule changes.</i>

**Wednesday:
Office Closed**

Saturday Liturgy: 9:00 a.m. & 5:00 p.m. **Sunday Liturgy:** 10:00 a.m.

Adoration and Mass: First Friday of each month.
Mass at 7:00 p.m.

Pastor

Father Stefano Lee

Parish Office Administrator

Claire Rouleau

Business Administrator

David Agnew

Custodian

Kabsoo Park

**Divine Mercy
Chapel Coordinator**

Sandra Naklowski
226-789-1259

Parish School

St. Teresa School
Principal: Pamela Baillie
Secretary: Connie Rawski
519-743-2131

NEW PARISHIONERS: WELCOME! Please introduce yourself to Father Stefano Lee and complete a registration form located in the pamphlet rack at the church doors.

PARISH RECORDS: Our parish records are very important and we try to keep them as up to date as possible. Please advise the Parish Secretary if you change your address or telephone number.

SACRAMENT OF BAPTISM: Please contact the Parish Office for an appointment. Baptisms will be scheduled for the last Sunday of the month. Please contact the pastor to schedule individual baptisms.

SACRAMENT OF RECONCILIATION:
6:30-6:50 p.m. on Wednesdays, 8:30-8:50 a.m. and 4:30-4:50 p.m. on Saturdays.

SACRAMENT OF MARRIAGE:
Engaged couples contact Parish Priest one year in advance.

HOSPITAL & HOME VISIT/SACRAMENT OF THE SICK:
Please inform the parish office to arrange a pastoral visit. For hospital emergencies, a priest is always on call through the hospitals.

ADORATION OF THE BLESSED SACRAMENT:
Monday to Friday - 9:00 a.m. to 7:00 p.m. in the Divine Mercy Chapel and First Fridays at 6:00 p.m. in the church.

PARISH BULLETIN: News items for the bulletin must be into the parish office *in writing* by noon on Sunday.

Vocations: www.vocationinfo.ca

Catholic Cemeteries of the Diocese of Hamilton: www.thecatholiccemeteries.ca

PARISH BEQUEST: *Keep your love for your parish alive! Please remember St. Teresa of Avila Parish in your Will and when recommending your expressions of sympathy.*

Series – Catechism of the Catholic Church

Paragraph 6. Man

366 The Church teaches that every spiritual soul is created immediately by God - it is not "produced" by the parents - and also that it is immortal: it does not perish when it separates from the body at death, and it will be reunited with the body at the final Resurrection.²³⁵

367 Sometimes the soul is distinguished from the spirit: St. Paul for instance prays that God may sanctify his people "wholly", with "spirit and soul and body" kept sound and blameless at the Lord's coming.²³⁶ The Church teaches that this distinction does not introduce a duality into the soul.²³⁷ "Spirit" signifies that from creation man is ordered to a supernatural end and that his soul can gratuitously be raised beyond all it deserves to communion with God.²³⁸

368 The spiritual tradition of the Church also emphasizes the heart, in the biblical sense of the depths of one's being, where the person decides for or against God.²³⁹

III. "MALE AND FEMALE HE CREATED THEM"

Equality and difference willed by God

369 Man and woman have been created, which is to say, willed by God: on the one hand, in perfect equality as human persons; on the other, in their respective beings as man and woman. "Being man" or "being woman" is a reality which is good and willed by God: man and woman possess an inalienable dignity which comes to them immediately from God their Creator.²⁴⁰ Man and woman are both with one and the same dignity "in the image of God". In their "being-man" and "being-woman", they reflect the Creator's wisdom and goodness.

370 In no way is God in man's image. He is neither man nor woman. God is pure spirit in which there is no place for the difference between the sexes. But the respective "perfections" of man and woman reflect something of the infinite perfection of God: those of a mother and those of a father and husband.²⁴¹

"Each for the other" - "A unity in two"

371 God created man and woman together and willed each for the other. the Word of God gives us to understand this through various features of the sacred text. "It is not good that the man should be alone. I will make him a helper fit for him."²⁴² None of the animals can be man's partner.²⁴³

Taken from: vatican.va/archive/ENG0015/_INDEX.HTM

Mass Intentions

March 23, 2026 – March 29, 2026

Tuesday, March 24, 2026 – **7:00 p.m.**

Wednesday, March 25, 2026 – **7:00 p.m.**

Intentions of the Govia Family – Citelia Ferreira

Thursday, March 26, 2026 – **8:30 a.m.**

Friday, March 27, 2026 – **7:00 p.m.**

Saturday, March 28, 2026

9:00 a.m. – + Dr. Charles O'Connell – Helene Meier

5:00 p.m. – + Dave Tschirhart – Pat Wilkins

Sunday, March 29, 2026 – **10:00 a.m.**

Parishioners of St. Teresa Parish

Diocese of Hamilton Prayer Calendar

March 23 – Rev. Zygmunt Baranowski

March 24 – Most Rev. Matthew Ustrzycki

March 25 – **The Annunciation of the Lord**

March 26 – Rev. Lajos Angyal

March 27 – Joseph Durkacz

March 28 – Rev. Tomy Chittinapilly

March 29 – **Palm Sunday – The Passion of the Lord**

Stewardship Report – March 15th, 2026

Sunday Offerings	\$ 1,392.20
Building & Maintenance.....	\$ 181.60
Votives.....	\$ 21.00

We are most appreciative of your ongoing prayerful and financial support for our parish, especially during our present time of financial need.

Donations to the parish can be made through the use of Sunday Offertory envelopes, Pre-Authorized Giving, E-Transfer, and CanadaHelps. When you are traveling, please consider switching to E-transfer donations in your absence.

If you require further information on how to give, please contact the parish office, or visit the parish website for more details.

Parish Announcements

Parish Sacrament of Reconciliation Changes

Parish confession times have been updated to reflect our parish needs. Confessions will now be offered from 6:30 to 6:50 p.m. on Wednesdays and 8:30 to 8:50 a.m. and 4:30 to 4:50 p.m. on Saturdays.

Divine Mercy Chapel

We have openings in the chapel for Mondays at 3:00 to 4:00 p.m., Thursdays at 2:00 to 3:00 p.m., and Fridays at 3:00 to 4:00 p.m. Come and spend a quiet hour with Jesus. Please contact Sandra Nakluski - 226-789-1259.

Parish Lenten Schedule

Fridays at 7:00 p.m. during Lent

Mass followed by the Stations of the Cross

Thursday, March 19th at 7:00 p.m.

First Sacrament of Reconciliation for First Holy Communion Candidates

Wednesday, March 25th following the 7:00 p.m. Mass

Parish Lenten Sacrament of Reconciliation

Holy Week Schedule

Holy Thursday Mass, April 2nd at 5:00 p.m.

Good Friday Liturgy, April 3rd at 3:00 p.m.
Begins with Stations of the Cross

Easter Vigil Mass, April 4th at 5:00 p.m.

Easter Sunday Mass, April 5th at 10:00 a.m.

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Anniversary Blessing

Married couples celebrating an anniversary who wish to have their marriage blessed and do vow renewals, please contact the parish office to arrange with Fr. Stefano.

Connecting with a Priest While in Hospital

Parishioners who are hospitalized and require a priest are encouraged to notify the hospital nurses, who will connect you with the chaplain. If the chaplain unavailable, they will help you connect with the on-call priest. If the on-call priest is unavailable, please contact Fr. Stefano by calling (519) 743-4525 and dialing either line.

Diocese Announcements

The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples

from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at hamiltondiocese.com, or call the Family Ministry Office at 905-528-7988 ext. 2249.

Jubilee Year of St. Francis of Assisi

From Jan 10, 2026 to Jan 10, 2027, the Church marks a special Jubilee Year of Saint Francis of Assisi on the 800th anniversary of his death. During this year, the faithful may obtain a plenary indulgence by fulfilling the usual conditions and engaging in acts inspired by the Franciscan spirit. To learn more about this Holy Year, visit <https://bit.ly/yearoffrancis>.

The Journey Continues: The Synod on Synodality

The Synod on Synodality is not over! The Universal Church has entered the "Implementation Phase" (2025-2028), inviting a careful reading of the final document of the Synodal journey to help shape a more listening, participatory church. You are encouraged to read the final document of the Synod on Synodality, described by Pope Francis as a 'Gift to the People of God.' Access it at www.synod.va.

Ministerial Formation through VLCFF

The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2026. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com.

Wisdom of the Saints

"There is something in humility that strangely exalts the heart."

– St. Augustine

Pope Leo XIV's Prayer Intention for March 2026

For disarmament and peace:

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

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